

15th January 2006 (Night Prayer)

My child,

The journey I ask you to take is not for this world but in preparation for life eternal. It has its difficulties and I ask you to have courage to continue when the way ahead seems to be filled with obstacles which block your way. Stay focused on the task you have been given. Pray for the guidance you need. Do not struggle on alone but come close to me and allow me to give you the grace needed for you to stay fervent in faith. Remember that you will be tested like gold in the furnace to purify your intentions. Do not let the thought of personal glory interfere with the work you have been asked to do. Submit your will to your Heavenly Father and allow Him to guide you through your prayer time with His Son Jesus. Follow the many examples of faithfulness shown through the lives of the saints. They walked the same path you take. They experienced the dark night of the soul where they felt alone and abandoned by their Heavenly Father. They remained steadfast and committed to serve God with a humble heart and receive the graces needed to strengthen them and to enlighten them to the path that they needed to take. They faced persecution and opposition but they were persistent in the love of the Father through Jesus the Son and they receive the gifts of the Holy Spirit to sustain them in their trials and darkness. Ask for the graces you need to help you in your difficult moments. Allow the indwelling of the Holy Spirit to happen in your life. Open your heart and pray for the grace of perseverance. Receive the graces given to you through the Sacraments which are given to nourish and strengthen you. Let the living water of my Son Jesus flood your soul. Receive this drink of salvation and be filled to overflowing so that you have the courage to step soul and allow the Father to use you to further His Kingdom. Be filled with the Holy Spirit so that you have courage to be a disciple of Divine love and you can make use of the talents given to you in the redemptive work of mankind. Time is limited so I ask you to not waster a precious moment you have been given. Be bold and fearless in your serve of the Lord. Make the choice needed to follow Jesus and then allow God to reveal to you His plan. Be patient and wait on your Lord and God with a humble heart.

7th November 2006 (Night Prayer)

My child,

I ask you to maintain balance in all you do. Take time for God. Take time to rest and be replenished. Take time with loved ones and others. Take time to reach out to God's people with loved and compassion. You are called to go out into the world and reach out with Christ's love to those in need – the spiritually poor. I remind you the need for you to be disciplined for the task ahead. You are required to take the difficult path. To step out and do this work takes discipline and a firm commitment. There is a need for any areas of pride and self to be stripped back. The missionary work of God's love must always be done with humility of heart. Do not seek praise and glory. Be humble and stay background until you are called forward. This work you do will have its difficulties. Many have forgotten that God created them and loves them beyond compare. They are wandering in the wilderness in darkness and despair. You are asked to proclaim the Word of God through your loving Christ-like actions. You will be tested and purified. I ask you to open your eyes to the areas in your life which need to change. Do not be blind to your own faults but so vocal and recognizing of the faults of others. Change the way you lead your life and in this way God your Father can work more effectively through you. All of God's children need to be continually changing and growing deeper in their understanding of the spiritual journey they take. It is a journey which is taken one day at a time. Your destination will be reached when you are called to your Heavenly home. Do not be afraid to step out and walk this journey of life with me your Heavenly Mother. Let me guide you in the direction you need to take. Listen and learn from the messages given to you. Do not arrogantly think that these messages are for others. These messages which I have been allowed to give are for all. Take heed of the warnings given to you. Do not be casual and non committal about your spiritual life; use this time of cleansing which is given to you. Cleanse your heart of all bitterness and rancour and learn how to love all. Love those who are difficult to love. Do not always want the easy path. Be courageous and take the more difficult path. Learn to love all with true humility of heart.

8th November 2006 (Midday prayer)

My child

Do not be afraid to be little in the eyes of your Lord and God. It is in your littleness that God can reveal His plan for you. I ask you to let go of the need to be always in control of every situation. Come close to your Heavenly family for the guidance and help you need. You say you trust God but do you really trust Him and the love He has for you?

You trust for a moment then try and take back the situation to fix it yourself. I want you to have a trust which never doubts regardless of the situations you face. Step out with blind faith and trust that no matter how dark the way ahead seems you are looked after by your Heavenly Father through Jesus His Son. Let go of the controls and abandon yourself completely to the Will of the Father; trust, my little one. You hold so much hurt and anguish inside of you. Let go of the hurts which keep you bound in desperation and despair and let God look after your needs. Do not worry if the way ahead does not seem clear. Trust in God's perfect plan for you. He will not leave you abandoned. He will not forsake you. He gave His Son Jesus who died for you and for all so that you would have a new life. Let go of the past and learn to live your life anew in the present moment with your Lord and God. Be happy to walk this walk one moment at a time. Do not rush ahead of God's plan. Allow Him to reveal it to you in His perfect time. You are asked to have patience and to persevere in every part of your life. Hand over the problems which block your path to your Lord and Saviour. Let the peace and love of Christ Jesus flood your soul so that you can be more accepting of God's plan for you. His plan is full of hope not despair. I ask you this day to let go of wanting God to do it your way and let God lead you through the love of His Son Christ Jesus. He is your Good Shepherd and He looks after His sheep. He searches for the sheep that is lost in the wilderness and lovingly brings Him back to the fold. Let your Good Shepherd lead you in all you do. Ask for His help and you will receive. Do not put stipulations on your requests. Come before your Lord and God with a humble heart admit that it is too difficult to do it alone and let Jesus be your guide. Let His merciful love flood your soul to strengthen you to take this life one step at a time and live with God always in the present moment.

8th November 2006 (Apparition night)

My dear little one,

Be strengthened this night by the graces poured down upon you by your Heavenly Father through His Son in the grace of the Holy Spirit. Do not be afraid to face the trials which come upon you. Ask for the help you need to persevere always with peace in your heart. It is important for you to remain steadfast and consistent in your faith. Do not be swayed by the opinions of others. Listen to the words given to you from the Heavens above. You will gain the knowledge needed through reading the Holy Scriptures. The trials you face are no different than those faced by your brothers-in-Christ the Apostles. Learn the lessons needed through reading the challenges they faced from those who persecuted them for their faith. Stay close by your

brick by brick beginning with you. You are the temple of the Holy Spirit. Allow the Father to change you through Me the Son and let us reside in you through the graces of the Holy Spirit. Do not be afraid my little one. Pick up your cross and follow Me.

14th January 2007 (Night Prayer)

My children

You will be tested in your strength to endure through the trials and difficulties you face. I ask you to pray for endurance to trust in the Divine Will of God when you experience these trials. Stay strong and fervent in your prayers and do not give into despair. All will be revealed in due time. Persevere and remain patient with God's plan for you. I remind you that the work you do will be plentiful. Many are called to do this work but few answer God's call. To be a missionary servant of God's love takes courage and requires discipline. Many choose the easy path as they do not want to endure any hardship and lead selfish lives where they look after their own needs and ignore the needs of others. They prefer to not get involved and use this as an excuse for the way they lead their lives. You are called to a life of service for no other reason but to know, love and serve your Lord and God with a humble heart and all work done is for the glory of God. I ask you again put on your armour of faith for the battle you face. Be protected by your prayers and acts of self sacrifice. Put on your crown of righteousness. I want you to understand that you will be judged by the fruits of your labour. Be content to plant the seed and allow others to water and nourish it. Do not want any praise but be happy to be a stepping stone in the faith journey that others take. Remember that there are many parts to the Bride of Christ. Some will be called to step out and speak, some will be called to pray and do charitable works, and others will have the gift of prophecy and others the gift of healing. All are different but together are united in the love of God through Jesus His Son and form the body with Christ Jesus as the head. Do not feel envious or have jealousy for the role others may play but recognize the importance of the part you have to further the Kingdom of God. No part is more important than another if done in the true spirit of Christ with no personal agenda but always for the love of God and love of fellow man. Do not be afraid of the test you face. Purify your heart and allow me to give you the grace you need to strengthen you in the service of your Lord and God. Be humble and little in the eyes of others and allow God to use you powerfully in the salvation of souls. I will be with you to help and guide you. Stay close to me. I am your Mother of Grace and I am with you always.

on this journey of life. Do not be afraid to carry your cross. Let us be united as one as we walk the narrow path. Remember the easy road leads to perdition so choose wisely. Choose the path which leads to life eternal. Pick up your cross and follow Me. I am your light.

14th January 2007 (Morning Prayer – Jesus)

My child,

I want you to understand more deeply the need for my children to change and grow more in my likeness day by day. The old ways must pass away and the new must rise up. I have told you the importance of speaking truth. For evil to be eliminated from my house the old must be destroyed and the new rebuilt. Out of the phoenix and ashes my new church will emerge. I want you to build my house brick by brick. Begin to rebuild your life taking it one day at a time. Let go of the old ways which keep you trapped in the past and begin afresh. Build on strong foundations of prayer and self sacrifice. I am the cornerstone of your faith. Stay close to me and let us build my house together. Be prepared to change and grow more trusting. Learn the ways of God through following me, His Son. Do not be afraid to strip back the old to reveal the new which is hidden within. I want you to understand more fully the need for you to be renewed in the Spirit. Put new wine into new wineskins. If you put new wine into old skins they will burst and the wine will be lost. It is important that you begin again and build on strong foundations of faith. You must trust in the Father's Will and His plan for you. Do not go back to your old ways of not trusting when you are unsure of the way ahead. Be patient. Learn to build my house slowly. Let me reveal to you the mysteries of the Kingdom of God. Take time to be with your Lord and God in stillness and prayer. When you are always busy and rush from one thing to the next you do not make time to discern first the Will of God. Take time to reach out to others. Be selfless and giving. Embrace generosity and reach out always with a servant's heart. Learn to be humble and generous with the love you show to all. Let my love flow out and be prepared to meet others where they are on their faith journey. Do not judge anyone. All I ask of you is for you to show mercy, compassion and love. I ask you to also take time to nourish and replenish yourself. Let your life be in balance. Take time to rest; take time to use the gifts you have been given, take time to enjoy the company of your loved ones and friends. I ask you to use the gift of wisdom to help you maintain balance in all parts of your life. Nourish your body, mind and your soul in healthy ways. Learn to be disciplined and do not cling to worldly attachments or be prone to excesses in any part of your life. God your Father is the potter and you the clay. Let Him mould and shape you into a trusting child of God. I ask you to rebuild my house

prayers and seek the protection from your Heavenly family. Gird yourself with the belt of salvation. Put on your armour of faith. Be strong and committed through your prayers. If you waver in your commitment of prayers you will lose the focus needed to stay fervent in your faith. Do not become distracted by the little trials you face. Stay close to my Son Jesus and let Him give you the nourishment you need. Lead a virtuous life where you step out always with gentleness and compassion. Let go of any anger you may hold against those who hurt you through their thoughtless actions. Turn away from wanting to repay an eye for an eye. Turn the other cheek and let Christ be your focus. Imitate His ways in all you do. You are asked to step out and be a disciple of His merciful love. Are you prepared to do this work? Are you committed to love those who are so difficult to love? You are asked to love all of God's people. You are asked not to judge but to love. Judge not the person only the action. Christ Jesus reached out in love to those who were despised by others. He loved the unloved. He saw through the outer layer to the heart within. You are asked to love in the very same way. Follow the path of your Lord and Saviour which will lead you to your salvation. Reach out and love the unloved. Be courageous and strong in your commitment to be a servant of Divine love. Accept the graces given to you this night to step out and do the missionary work of God's love.

9th November 2006 (Night Prayer)

My children,

I ask you to tread carefully as you set off into the wilderness. Be respectful of the many traditions and customs of the people you meet. Be gentle and full of love. Stay humble of heart and be prepared to wait until you are invited to proceed. Do not feel frightened. Be steeped in your prayers and know that you go with the Heavenly protection you need. I want you to reach out with compassion to God's hurting people and bring them back into the light. Guide them back onto the narrow path. Be filled with the Spirit of God and let this spirit move within you. Listen to the gentle whisperings which guide you and give you the inspiration you need to know when you are required to step out and when it is necessary to stay background. You are not alone. Trust in God and be led through His Spirit which is poured down upon you. I remind you again to remain humble and allow all which is to happen to be done by your Heavenly Father through His Son Jesus in the grace of the Holy Spirit. Be a true example of Christ Jesus through the love and mercy you show. Do not be condescending but show genuine love to those in need. I will be with you on this journey you take into the desert. See the beauty which abounds both in nature and spiritually. Open your eyes up to

the wonders of God. Let the desert experiences in your life be not one of aridness and disappointment but instead recognize that in your desert times when you feel abandoned and so alone you will receive many graces and will experience the most spiritual growth. Embrace this time and let God reveal to you more of the mysteries of the Kingdom of God. Learn more fully that your Heavenly Father is a God of wonder and awe. Be open to see the wonders He puts before you. Understand more fully His awesome presence and power. Be receptive to the many blessings He give you. Show gratitude and thanks for all you have been given and let the praise and glory always go to the rightful heir. Give thanks this night to your Eternal Father through His Son Jesus and receive the graces He gives you to step out and be His missionary servants of Divine love.

10th November 2006 (Night Prayer Alice Springs)

My little ones, my faithful remnant,

I say to you tonight do not give into despair. Remain fervent in your faith. Your prayers will be answered. I want you to give to me many prayers and little acts of love to help in the redemptive work of your brothers and sisters. My heart aches for those within your communities who have distanced themselves from the love of their Heavenly Father and who have drifted far from the path which leads them to salvation. I want you to help guide them back onto the narrow path. Reach out with love and compassion and show them the love of Christ through your loving actions. Be patient and persistent in your prayers and firmly believe that your prayers will be answered. Nothing is impossible in the eyes of God. Trust in Him through the Divine Mercy of His Son Christ Jesus. The hearts of all must be purified and renewed. The old must die for the new to rise up. Let go of the past and allow God your loving Father to fill you with many graces and blessings through the Holy Spirit to help you to live this life anew. Do not be afraid to change and grow stronger in your faith. Pray for the help you need to be bold and courageous. It is important that you put on your armour of faith to protect you against all evil and the many distractions which take you away from the love of your Heavenly Father through Jesus His Son. Be courageous and steadfast. Cling to the hope of a new Heaven and a new earth. Be strengthened in your faith so that you have the courage you need to step out and be a disciple of Divine love. Bring many back onto the narrow path by the Christ-like love you show. Do not fear persecution. Pray for the protection you need to stand up and defend your faith. There is much work for you to do. Be disciplined in your prayers and receive my Son Jesus as often as you can to give you the nourishment and strength you need. I am with you and I will protect you beneath my Holy

with you always. Do not struggle on alone. Stay close to Me and let Me be your bright shining light. Accept the love I long to give to you. Receive my light and let it shine brightly to all those who struggle in the darkness. I ask you to always be patient and persevering in your prayers. Stay steadfast and trusting in your faith journey. Your prayers are powerful and do help those who are lost. Bring your loved ones before me in your prayer time. Consecrate them to My most Sacred Heart and to the Immaculate Heart of My Mother and trust in the Divine love given to you by your Heavenly Father through Me His Son and receive the grace to persevere through the gifts given in the Holy Spirit. Trust in the same way as My Mother trusted when she was told she would be the Mother of God. Trust in the Father's plan for you and for all or your loved ones. Stay close my little one. I am close to you in all you do to further

God's Kingdom. Do not fear the difficulties and trials. Offer them always to help in the salvation of souls. I am the Alpha and the Omega – the beginning and the end. Stay close and let us journey together. Let Me lead you to life eternal.

12th January 2007 (Jesus – tabernacle Our Lady of the Southern Cross)

My little one,

Stay close to Me in your suffering and your pain. Do not be afraid. I walk with you. Come and follow My Way. Do not get caught up in the conflict and rancour around you. Stay distant from all gossip and those who seek to cause trouble. Stay at peace and continue reaching out to all those you meet in gentleness and with My love. The work is plentiful. Persist even when your day seems so full of trials and difficulties. I remind you to never give into despair and despondency. Stay strong and committed to serve your Lord and God with a humble heart. Do not be put off by those who speak words which offend you. Stay background and let Me call you forward when the time is right. Be patient and know that I will reveal all to you when the time is right. The path you take may seem lonely but I want you to cling to hope and understand more fully that I am with you always, you are never alone. Do not fear this loneliness. This is when you receive the most spiritual growth when you feel abandoned and alone but still learn to trust completely in the Divine Will of your Heavenly Father. Trust in Me your Lord and Saviour and let Me fill you with My merciful love. Stay close to Me in your stillness and prayer. Let Me reveal to you the mysteries of the Kingdom of God a little at a time. I am with you in your desert times and in your times when you experience My peace and joy. Trust in Me and My love for you no matter what your day brings. Brings before Me all your needs and let us walk together

judged harshly by others to “go and sin no more”. He was never arrogant when He spoke to those who were on the wrong path. He guided them with wisdom and understanding. I ask you to continue His work on earth by the Christ-like way you lead your life. Be always steeped in prayer and self sacrifice and imitate the ways of your Lord and Saviour. Be happy to embrace His servant’s heart in all you do to further the Kingdom of God. Be obedient to the Will of the Father. Do not be afraid to serve others with true humility of heart. Remember the path that I, your Mother of Grace took. I was told to not be afraid as I had found favour with God. My response was “I am the handmaid of the Lord be it done onto me according to your word.” God has chosen you to be a servant of Divine love. Pray also that God’s Will is done in your life as you step out into the unknown to do the Missionary work of God’s love. Let me give you the grace you need to follow the path that I took. Do not be afraid I will be with you. Say yes to God and let His Will be done in your life. Let Him reveal His plan for you. There is much work to be done. When you say yes to God and are obedient to His Will He can use you powerfully to fulfill His plan for a new heaven and a new earth. Do not be concerned if you are called to do selfless acts of love, understand more fully that you must strip back any areas of control and allow God to lead you through your Good Shepherd Christ Jesus so that He can fill you with the gifts needed by the grace of the Holy Spirit.

10th January (Jesus – tabernacle Our Lady of the Southern Cross)
My child

Come close to Me. Share with Me all your burdens. Let Me help you. Remember My yoke is easy and My burdens light. Come to Me when you are heavy burdened and let Me give you rest. I want you to understand more fully the meaning of the word rest. The Father rested after all was created. You are called to rest close to My most Sacred Heart. Rest when you spend time in prayer and contemplation. Rest on the Sabbath Day from the work you do. It is important that you take time to rest and to be replenished. Let Me give to you the rest you need. Do not try and carry your burdens and difficulties alone but know that when you spend time with Me in quietness and prayer I can give to you the rest you need. You will feel a peace descend upon you. Do not spend so much time rushing that you forget to take time to rest and be filled with the peace and joy needed to help you in the work you have been called to do. I am your Lord, your Good Shepherd. Let me carry you on my shoulders in those difficult times when you feel so burdened and so alone. I want you to understand how much I love and want to care for you and all your needs. I wait on your word to Me. Ask for My help and know that you will receive. I am

Mantle. Come close to me, my little ones, and allow me to guide and help you. Listen to my Motherly wisdom given to help you come back close to my Immaculate Heart and to my Son Jesus Most Sacred Heart. Trust in Him and His merciful love and know that through your prayers and acts of love you help in the triumph of the Immaculate Heart and the Sacred Heart of Jesus. Join the army of prayer warriors and be ready to defend your faith against the evil and despair that abounds in the world today. Your prayers are a powerful weapon which will destroy the rule of satan. Be bold and strong in your commitment to serve your Lord and God with faith, hope and above all love.

11th November 2006 (Night Prayer – Santa Theresa)

My children,

I thank you for your faithfulness in coming back to your home tonight. I ask you to be more fervent and persevering in your faith. Do not be casual and non-committal with your faith but understand the importance of including your Lord and God into every part of your life. I am your Mother of Grace and I here to guide and help you back onto the narrow path. Accept the graces I bring to you tonight from your Father in Heaven through Jesus His Son through the graces poured down by the Holy Spirit. Trust in me and my Motherly wisdom and come back to my Son Jesus and His most Sacred Heart. I see your burdens and difficulties and I ask you to turn more to your Heavenly family in prayer and ask for the help you need. Do not be prideful and arrogant and want to do all your own way. Come back and let Jesus be the way you lead your life. He is the only Way. He is your truth and He is the life you need to lead. I ask you to take up the challenge given to you and pick up your cross and follow Him. Spend time each day with Him in quietness and prayer and find the rest you need close to His Most Sacred Heart. Let Him replenish you. He is the spring of salvation. He is your living water. Come close to Him and let Him give you the nourishment you need. I ask you to be bold and courageous in your faith. Turn away from the ways of the world and come and follow Jesus. He is your Prince of Peace, your Lord and Saviour. Be still and know that Jesus is with you.

12th November 2006 (Night Prayer – Alice Springs)

My children

I thank you for your faithfulness by stepping out in faith and reaching out in love to my hurting people. I ask you to continue this work which is so desperately needed. I want you to encourage the people to come back onto the lighted path. The work is so plentiful but the labourers are few. Do not be afraid. Step out in faith and say yes to

your Heavenly Father through Jesus His Son. Take up the challenge given to you to be missionary servants of God's love. There are many who regularly need to be nourished and strengthened to grow deeper in their spiritual life. Will you take up the challenge given to you tonight? Will you be the body of Christ reaching out with Christ-like love and compassion to the many who are so desperately in need of your help. I walk beside you to guide you in this work you do. Come close to me in prayer and know that I will give you the help you need. I know that the task seems daunting as there are so many that need to know that they are loved by their Heavenly Father through Jesus His Son. I want you to encourage the people to pray daily to be replenished with the gifts of the Holy Spirit to give them the courage they need to remain steadfast in their faith. I want all of God's children to embrace the gifts given to them by their Father through the suffering, death and resurrection of His Son Jesus. Embrace the graces given freely to you to help you to remain strong and committed in your faith. Never lose hope but know that you will be cared for. It is necessary for you to be purified from the ways of the world. Turn away from selfishness and pride and embrace true humility of heart. Do not fear the journey of becoming small in the eyes of your Lord and God. Understand more fully the necessity for you to have child-like trust in the Divine Will of your Father. Strip back the areas of self and learn how to trust in the Divine love of the Father through Jesus His Son and accept this love given to you through the Holy Spirit. Do not stay self sufficient and prideful but instead accept the need for you to change and grow more trusting in God's plan for you. Take this journey offered to you one moment at a time. Rest close to my Son Jesus and receive the many graces and blessings He longs to give you. Come close to my Immaculate Heart and let me guide you to the love given through the most Sacred Heart of Jesus and learn to live your life anew in the present moment with your Lord and God.

13th November 2006 (Plane from Alice Springs)

Thank you for the work you have done to further the Kingdom of God. I am with you as you travel home and I give to you many graces and blessings from your Eternal Father. There will be much work for you to do in the time to come so I remind you to stay steadfast in your prayers and self sacrifice to strengthen you for the time ahead. Do not fear this journey of Divine love into the unknown but know that you will have my protection wherever you go. It is important that you are obedient to your Heavenly Father through the Word made flesh. The Word is the way you need to live your life. Stay close and receive the nourishment which awaits you. Be guided always through the inspiration of the Holy Spirit. Stay patient and wait on the whisperings of the Word through the grace of the Holy Spirit. Learn more how to be selfless and giving and trust

follow Him in all you do. Let the love of Christ Jesus flow out to all your family and loved ones and to the many you meet. Be always gentle and giving. Be content to meet people where they are on their faith journey. Pray for those you are concerned about, offer acts of love and self sacrifice and then leave it to your Heavenly Father. You are called to be a disciple of your Lord and Master Christ Jesus. This calling means you will need to be steeped in prayer and self sacrifice. You will be called to have courage to trust in Him even when you are unsure of the future. You will be asked to have blind faith, trusting completely in the plan of God your Father, accepting His Divine Will and following the way of His son Jesus. This plan is filled with hope so I ask you to be bold and courageous and follow this way. Cling to this hope with a fervent heart knowing that God your Father has given you a precious gift to help you. Accept the many graces and blessings He gives you through the new covenant which was established so you would be redeemed from your sins and live your life anew in the gifts and graces of the Holy Spirit. Do not waste these precious gifts. Use them to further God's Kingdom. The Sacraments are given to help you receive the grace of God through the death and resurrection of His son Jesus. Do not be arrogant and prideful and wants to always do everything your own way. Humble your heart and admit your errors, repent of your sins through the Sacrament of Reconciliation and receive your Prince of Peace in the holy sacrifice of the altar. Use all the gifts of love given by your loving Father through Jesus His Son in the grace of the Holy Spirit. I am your Mother of Grace. Let me lead you to these great graces and blessings which await all of God's children.

9th January 2007 (Morning Prayer – Dunsborough)

My child,
Stay close to me. Let your heart always be filled with peace and joy. When you serve others with a humble heart you do the Will of your Father. Do not serve others with hidden agendas of self. Embrace the servant's heart as your Lord and Saviour did and you will be filled with His peace and joy. Show others to bright light of Christ Jesus by the way you lead your life. Do not be concerned when others are critical or judging. Persevere and be prepared to love those who are difficult to love with the heart of your Lord and Saviour. Bring to mind the many times when He showed compassion and merciful love to those who were shunned by others. He never placed judgments on them but was happy to meet them where they were on their journey and He showed them the way which leads to life eternal. He spoke truth to those who were not leading a righteous life but He spoke with gentleness and compassion. He told the woman who had been

discern every situation you face. Pray for guidance and listen to the inspiration given to you through the Holy Spirit to help you discern the Will of God. Do not rush but be always patient. The Will of God is always done in gentleness and compassion. Meet others where they are on their spiritual journey and be ready to remain patient and persevering. Your prayers are powerful and are heard so never doubt the power of your prayers given always with a humble heart. Let the answers be given to you in God's time not yours. God's timing is always perfect so do not feel that you are not being heard if you do not get the answer you want but be prepared to wait. Listen to the gentle whisperings of your Lord and God given to you in so many ways. Let your heart be open to receive the love of your Father given through Jesus His Son. Understand that this life you live is a journey towards your Heavenly Inheritance. I remind you to trust more fully. Allow your Heavenly Father to continue to reveal to you your little imperfections. Strip back the layers of your old self and put on "new wineskins" so that you can be filled with "new wine" (the blood of the New Covenant). Let go of any old patterns which block your way and let the trusting inner child immerse. When you become more trusting you will notice an inner peace descend upon you. Be happy to take your journey one day at a time. Live moment by moment with your Prince of Peace and allow Him to reveal to you the many mysteries of the Kingdom of God. Grow deeper in your spiritual life and receive the graces to remain strong and steadfast in your faith. Stay close to me my little one and I will give you the grace and guidance needed for you to know, love and serve your Lord and God with all your heart, with all your mind, with all your soul and with all your strength. I am with you always.

8th January 2007 (Morning Prayer – Dunsborough)

My child, my dear little one,

Do not worry when you experience difficulties and trials. Let them help to purify your intentions so that all you undertake to do for your Divine Father is done for His praise and glory and there is no element of self praise motivating you. God your Father sees the sacrifices you make. Offer all these to Him as an act of love to help in the salvation of others. Start each day with a prayer of self offering so that all your thoughts, words and actions are a prayer to your Heavenly Father. Be happy when you are called to self sacrifice and times of stripping back the layers of self because this is when the most spiritual growth happens. Do not be afraid of the desert experiences in your life. Remember you are never alone in this spiritual journey you take. Call upon me, your Heavenly Mother for the guidance you need. Let me share with you my Motherly wisdom. You will not go wrong when you follow the ways of your Lord and Saviour. Pick up your cross and

completely in God's plan for you. I will be your guiding star. Follow this way which will lead you to life eternal. Be nourished and strengthened before you step out again to do the missionary work of God's love.

13th November 2006 (Night Prayer)

I want you to listen to the words of advice I have been allowed to give you. You live in dangerous times. Many live with constant fear and a feeling of despair. Heartache and misery abounds throughout the world. It is important that you give many prayers at this time; prayers given humbly for your Mother's intentions. Do not be fearful. I want you to always cling to the hope of your Eternal Father's perfect plan for you. If you stay close to your Heavenly family you have nothing to fear. Bring forward your loved ones in your prayers. Be patient in your prayer request and allow God's will to always be the answer needed. I remind you to remain disciplined in your prayers and steadfast in your faith. Pray to be given each day the strength of faith for you to stay fervent when the ways of the world want to distract you from the path you need to take. There is so much work to be done. Pray for guidance as to God's plan for you. Remember each one's plan is different so do not be always so worried and concerned about another's journey but concentrate on your own and leave God to help those you are concerned about. Do not always think that God is calling others and ignore the call He gives to you. You need to take more time with your Heavenly Father through Jesus His son for Him to reveal to you your perfect plan. Do not always sit back and wait for God to do all the work. Step out and let your Eternal Father know you are ready to take up this challenge offered to you to follow His Son Jesus. Pray for guidance and help for you to understand more clearly the way you need to take. Use discernment to help you in your decision making. You were given your free will so that you could make your own choices. Spend time in prayer and ask for the help you need through the inspiration given by the Holy Spirit to give you the direction you require. I am your Mother of Eternal Grace and I will be with you in all you do to further the Kingdom of God. Go now with the peace and joy of Christ Jesus deep within your hearts.

14th November 2006 (Night Prayer)

My faithful ones,

I ask you to learn the lesson of endurance. Just as you need to be enduring to run a marathon it is important to practice persistence no matter what the day brings in your spiritual life. You will have times when you come across stumbling blocks and days of difficulties. I want you to persevere and learn how to endure when the way ahead

seems dark and you have a feeling of aloneness. You are not alone. Learn to accept the tests and trials to purify your intentions. Some want only the easy way and give up when the way ahead seems too steep and there are many obstacles blocking their way. Pray for the help you need to have the courage to choose the more difficult path. You will gain strength and will grow spiritually when you accept the many challenges which life brings. Meet each challenge as they come. Do not think about what tomorrow may bring but take each step moment by moment. You will become overwhelmed and may give into despair if you are always worrying about what the future holds. I ask you to trust in God's plan for you just as I trusted when I was told I was to be the Mother of God. Learn to be more fervent in your faith not swapping and changing because of fear of what the future may bring. Be steadfast and persevering and trust completely. Your Heavenly Father is a God of love. He will look after you and all your needs. If your life does not seem to be going in the direction you had planned pray to be given clarity and then have patience and know that God will reveal to you the plan He has for you when the time is right. Let go of always wanting to be so independent and self sufficient. Come before your Lord and God with a humble heart and ask for guidance needed to make right choices in all you do. Pray to be given wisdom to discern every situation. Accept the peace and joy of Christ Jesus in your heart and understand more fully that the difficulties you may sometimes face are not to punish you. Ask for Heavenly help and know that you will receive it in God's time because He loves you and wants always what is best for you. Accept His love and be prepared to pass this love on to many. I am with you as you take the spiritual marathon of life. Be enduring until you reach your goal – life eternal.

15th November 2006 (Night Prayer)

My children,

My dear little ones, my holy innocents are having their lives cut short in an alarmingly large number throughout the world every minute of the day. When will people understand that they have no right to take the life of another human being regardless of the age of that person starting at conception and continuing until God wills it that it is time for them to return to their Heavenly resting place. The hand of the Father will not remain stayed for much longer. The world is in disarray and disharmony. Selfishness and greed abound. I ask you to turn back from this path of disaster you are heading towards. Do not think I am just one person what difference can I make? Your prayers are powerful and can mitigate events which are to come. Change the way you lead your life and be a living example of Christ by the love you show. These actions though they seem small to you begin like a small

love. Are you ready to be a disciple of Christ? Will you come and follow Him? Will you pick up your cross for the salvation of souls? I remind you to be courageous in your faith. Put on your armour of faith and your breastplate of hope. You need to be strengthened to endure the hardships which you will face along the way. There will be many who do not understand the journey you take and may hurt you by their words or actions. Stay patient and persevering and continue to reach out to them in Christ-like love. Do not be concerned about what others say or think. Stay strong and learn to turn the other cheek. The time is soon coming when the people of the world will need to make choices. God the Father is a patient Father but His hand of justice must soon fall upon those who offend Him in such a grave way. I ask you to bring many back onto the path while there is still time. Do not fear persecution. Be bold and courageous my little one. Stay strong and know that you are protected under my holy mantle. Stay close to me and continue to remain humble of heart and obedient to the Divine Will of your Heavenly Father. Be prepared to offer self sacrifice and acts of love to help your loved one. Be selfless and giving. Receive Jesus often in communion and be united with Him in all you do to further the Kingdom of God. I am with you as you journey into the unknown. Do not be afraid to stand up and defend your faith. Use the gifts given to you through the Holy Spirit. Pray daily for the virtues of the Holy Spirit.

To lead a virtuous life you will need to be steadfast in your faith and fervent with your prayers. Do not forget about your spiritual life. Make every day a day for your Lord and God. Offer to Him each day your thoughts, words and deeds for the day to come. Lead a righteous life so that every part of your day is a prayer offered to your Father through Jesus His Son. Receive the graces given to you to remain faithful. Let your prayer be:

I humbly kneel before you my Lord and my God as your Servant of Divine Love. Let me always be obedient to the Divine Will of the Father and serve you always in faith, hope and love. Let me reach out to others with a servant's heart and keep me ever fervent in my faith, steadfast in hope and fill me with the Divine love of the Father through you His Son by the grace given to me in the Holy Spirit. Amen.

5th January 2007 (Night Prayer)

My child

I ask you to remain strong in your commitment to serve your Lord and God with true humility of heart. Do not be concerned when you are called to stay background. Be led always by the Spirit in all you do. Learn to use the wisdom of God given to you through the Holy Spirit to

Do not be afraid to step out in blind faith and trust in God your Father through coming close to Jesus His Son and His Most Sacred Heart. Pray fervently for all your needs. Learn the lesson of true steadfastness of faith and trust in the saving power of Christ Jesus in all you do. You are never alone. Trust.

3rd January 2007 (Night Prayer)

My little ones,

I remind you again listen to me and change the way you lead your life. Repent from your sins and turn back to the love of your Lord and God. Do not make excuses for the sins you commit but humbly go before my Consecrated Sons and confess your wrong doings and be given the grace to start again afresh. Many lead arrogant and prideful lives where they will not admit to their sins. I beg you to change your ways. Humble your heart and open your eyes to the errors you have made. Pray for the grace to see these mistakes. Do not be blinded to the truth. Many throughout the world suffer from spiritual blindness. They spend their lives making judgments on how others lead their lives and are blind to their own sins. I remind you again do not judge others lest you be judged. Change the way you lead your life and learn to live your life as a true imitation of Christ. When you profess to all that you are Christian and then gossip and speak harshly about others you are not imitating Christ but you cause damage to the Bride of Christ and to those who do not yet know Christ as they look to you as a living example of His love. The tongue is dangerous when used in the wrong way. I ask you to speak less and reach out with Christ's love more. Do not be afraid to strip back the layers of self. Let your Heavenly Father mould and shape you into a trusting child of God. Break down the hard exterior you put up as protection and allow the inner child to be revealed. Trust in the love the Father has for you through the gift of His Son Jesus. Spend time each day with Jesus and grow deeper in your spiritual journey. Pray each day for the gifts and graces of the Holy Spirit to be refreshed within you so that you have the wisdom to understand when to speak and when to remain silent. Learn more of the inspiration of the Holy Spirit and use the graces given by your loving Father through the merciful love of the Son by the gifts of the Holy Spirit. I ask you this night to repent of your sins, receive the blood of the New Covenant, and live your life anew through the gifts and graces of the Holy Spirit.

4th January 2007 (Night Prayer)

My children

You have been called to go out and be true representatives of Christ Jesus your Lord and Saviour. Jesus calls you to be disciples of Divine

flickering light which ignites a light in the heart of another until a bright flame of Christ's light burns in the hearts of many. Your acts of love do help in the salvation of souls. Do not underestimate the awesome presence of God your Father through Jesus His son. Step out boldly and be a beacon of pure light shining brightly to light the way back onto the path for many. Change your heart and accept the challenge to grow deeper in your spiritual lives and know that eventually through your selflessness and love you will change the hearts of others. Learn to be patient in this journey you take. The world craves for easy fixes to all problems and many do not want to patiently wait and take small steps towards their Heavenly goal. You have been asked to be enduring and prepared to stay fervent regardless of the outward circumstances in your life. The key to solving the problems you face is to learn how to trust completely. Come before your Lord and God with a humble heart, abandon yourself upon His Divine Will and then trust that no matter what happens around you your Heavenly Father does care for you and wants to fill you with His merciful love through the Divine Mercy of His Son Jesus. Accept this bountiful love and be renewed through the spirit to persevere and keep His peace and joy with you at all times. I am Queen of Peace. Come close and let me give you the love and guidance you need.

16th November 2006 (Night Prayer)

My child,

Do not be afraid to stand up and defend your faith. I want you to put on your armour of faith and learn how to be fearless in defending what is the truth. Spend this time which has been given to you in the preparation needed. Do not hasty in any decisions you make. Learn the ways of your Lord. All is done in gentleness and compassion. I want you to concentrate more on including your heavenly family into your daily life. Learn to listen for guidance given to you through the inspiration of the Holy Spirit before you make decisions which will have an effect on how you live your life. When you rush ahead in haste you do not have time to discern God's plan for you. Keep the peace of Christ within you as you step out to do God's missionary work of love. You are called to be a disciple of Christ's love in every situation. Pray to always possess tolerance and patience when the situation you face is testing. Walk away when you feel angry or aggressive about a problem you have with someone. By distancing yourself from the situation you are given more time to think the situation through calmly and you can ask for the Heavenly help needed. You are given many graces throughout your day. All that is required is for you to ask to be given these graces. I remind you to let go of always wanting to be self sufficient and let God your loving Father give you the help you need.

Do not be prideful and feel that you can only do this through your own means. Allow others to give you the help you need. When you refuse help from those who care you stop them from completing their acts of selflessness and love. You must learn how to give freely to others but you must also learn how to humbly receive when you are offered help. Strip back the parts of your nature where you stay so strong and self sufficient and learn the lessons needed. I want you to learn the lesson of trust. Do not concern yourself with the way ahead but be content to take your journey more slowly. Learn how to trust in the Divine providence given to you by your loving Father through Jesus His Son. Pray and give thanks for the many graces He showers upon you in your daily life. Accept His Divine love and be ready to pass it on to many. I will be your shelter and your guide on the difficult moments you face. Let me lead you to this love which awaits you and all of God's children.

17th November 2006 (Midday prayers)

My children,

I ask you to come before your Lord and Saviour this day with all your faults and failings and admit to Him the weaknesses in your life which block you from coming close to Him and which stops you from being more trusting. Do not be ashamed to admit these failings. I want you to understand that this is part of your human frailty and you will be given the courage and strength to change and grow if you ask for the help you need. Many struggle on alone trying always to solve their problems through human means instead of asking for help. Turn away from this way of living your life. Break the chains that keep you bound. Pray to be given healing of problems which have come down through your family line. Pray that you recognize these family conditionings and ask to be given the grace to break the patterns which may have started long ago within your family. Learn to trust in the love of your Heavenly Father. Come before Him with true humility of heart and ask to be renewed in the Spirit. Accept these gifts of the Spirit to help you to change and grow more into the image of Christ Jesus. I ask you to be disciplined when you say yes to God and to understand more fully that you must learn the lessons of trust. Turn away from the sins of your forefathers and let God your Father change your heart so that you once more can be a trusting child of God. It does take courage to stay on the narrow path and you will be sent distractions by the evil one and be tempted to go back to your old ways of coping. Be brave and strong to withstand these pressures put upon you. Pray for the protection you need to turn away from temptation. Spend time each day in quietness and prayer and let my Son Christ Jesus give you the nourishment you need to live this life anew. Break the patterns of your

time each day in prayer and thanksgiving for the many blessings you have been given. Recognize these graces you have received and know that your Heavenly Father wants you to receive many graces and blessings. He wants to fill you with His abundant love. Stay close to your Heavenly family in all you do. Ask for God's help and know that you will receive all you need. Do not pray for selfish wants but always for all your needs. Receive the gifts He longs to give to you. Receive the merciful gift of God's love through the birth, death and resurrection of His Son Jesus. Receive the blood of the new covenant. Receive Jesus as your Prince of peace into your hearts. Receive the gifts of the Holy Spirit given to you by the Divine love of the Father through Jesus His son. I am your Mother of Divine love. Let me guide you to this love which awaits each and every one of God's children. Ask and you will receive, seeks and you will find, knock and the door will be opened.

2nd January 2007 (Night Prayer)

My children,

Listen and believe. Doubt no longer but believe the words I give to you. You have been chosen to be disciples of Divine love to those who you meet on your life's journey. I ask you to reach out always in love to the many that are hurting and feel abandoned and alone. It is important that you learn how to trust more fully. It is difficult to step out in faith if you have doubts and do not trust in God and His plan for you. Take time and learn how to trust in His love for you. I ask you to be more fervent in your faith. Be steadfast and spend more time in stillness and prayer. Do not rush ahead but always be patient and learn to take the journey one day at a time. When you say yes to God your Father He will use you in a powerful way. Do not say yes today and then be hesitant tomorrow. Pray that you will receive the grace given through the Holy Spirit to be more persevering and patient in this journey you take. Believe more fully in God's plan for you. Read and contemplate more fully Matthew 6 24:34 and understand that God will provide for you and your needs. Trust in Divine Providence. Pray with a servant's heart. Learn to imitate the ways of your Lord and Saviour. Jesus is calling you to come close to Him and to receive His merciful love. Come close to my Immaculate Heart and let me lead you to this love which awaits you. Draw close to my Son Jesus and His most Sacred Heart. Trust in Him. Become small like a trusting child of God and believe in the love which awaits you. I ask you to hesitate no longer but start this day on your journey of trust. Take the journey one step at a time. Let the Father guide you in all you do to further His Kingdom. Be selfless and giving and accept the little trials of life. Learn the lessons needed for you to change and grow more trusting.

lives. Mankind is filled with selfishness and pride and has made gods out of material possessions. There have been many signs which show you that your material possessions are fleeting and can be destroyed in a blink of an eye. Do not dismiss the changes which are happening in the world today. Turn back and embrace the love of God before it is too late. Droughts can be halted when mankind once more understands that rain comes from God. You must become more reliant on God and less upon your own means. Obey the commandments that God has given to you and learn once more that God is a loving God who wants that which is best for all His children. Turn away from sin and the lures of satan and turn back and trust God more fully. Pray for all your needs. Do not be obstinate and stay distant from the Divine love which awaits you. God your Father will not interfere with your freewill. He waits patiently for you to ask for His help. Learn to fast, pray and offer little acts of love to help change the hearts of others. The world has become self indulgent and many do not know how to fast from food or other enjoyable activities as a form of self denial and love. You must learn the ways of the Lord. He was selfless and giving. He fasted and spent time in stillness and prayer. He fasted for 40 days in the desert before He commenced His ministry. I ask you to strip back the layers of selfishness and pride and follow the ways of your Lord and Saviour. You are also asked to fast and pray before you do the missionary work of God's love. Pray for help and you will be given the grace to fast and go without to help in the redemptive work of mankind. I remind you that all must be done in balance. Pray always for the wisdom of God to prevail in all you do. God is a loving God and does not want to punish you. Mankind must turn back and put the love of God first and reach out in love to his neighbour and peace will reign throughout the world. Let me lead you to this love and peace which awaits you. Begin now to live your life anew. Be filled with the grace of the Holy Spirit this night and let the love of the Blessed Trinity flow out to all.

2nd January 2007 (Midday prayer)

My child

I am with you always. Never doubt my presence in your life. Stay close to me and receive my Motherly wisdom I long to give to you. Do not be afraid to come close and share with me your worries and concerns. I listen to your prayers and I want to guide and help you in all you do. I ask you again be not afraid to grow deeper in the love of the Father through Jesus His Son and receive the many graces offered to you through the Holy Spirit. Do not be so distracted with worldly matters that you forget about your spiritual journey. Spend

old life and live your new life through the love of your Heavenly Father given by His Son Jesus and be filled with the many graces to help you by the Spirit. I remind you live your life in the present moment with your Lord and God. Take this journey one step at a time. Stay close to those who will give you encouragement to stay on this path which leads you to life eternal. Remember you are never alone so do not fear stepping out boldly in faith to live your life in the present moment with God your loving Father through His Son Jesus by the Spirit given freely to you and for all.

17th November 2006 (Night Prayer)

My child

I ask you to not worry and fret about so many things in your life which draw you away from the way which leads you to life eternal. These distractions do not matter. Concentrate more on your spiritual life and know that the Father will provide for you far beyond your expectations. Pray for the help you need to change the way you live your life. I remind you again to be steeped in humility. You must strip back the areas of pride and self righteousness. Do not be boastful and full of pride about your life but know that these do not make a difference in your spiritual journey. Learn to be more selfless and giving without expecting rewards to be given to you. Put on your crown of righteousness which leads you on the path of salvation. There are many lessons for you to learn. Do not be arrogant and prideful and blind to the lessons you need to change the way you lead your life. Be more humble of heart and accept more fully the way which will lead you to your Heavenly Inheritance. Read the Scriptures and gain knowledge from the Holy Word of God. Change those habits of the past and be happy to be purified so that you follow the way of your Lord and God with a child-like trust. Let me whisper my Motherly words of wisdom to you. Listen to the messages I give you and be transformed from the old into the new. Let the light of my Son Jesus burn brightly from within. Let His love and light radiate warmly to others by your Christ-like love and actions. Give to me all your worries and concerns and let me lead you to the safety of my Son Jesus. Rest close to His Most Sacred Heart and let Him give to you the refreshment you need. Allow His love to flood your soul. I want you to spend time with Him so that you can receive the nourishment needed to live each day anew. Let go of the old ways and embrace the new. Just as the Father created a new covenant by the death and resurrection of His Son Jesus I ask you to die to your old patterns and arise into the new covenant through the many graces given to you the Holy Spirit. Use these precious gifts to help you to change into the

image of Christ Jesus. Follow His way and know that it leads you on the path of righteousness towards your Heavenly goal – life eternal. Be nourished and strengthened each day to live your life anew through the grace given to you by the Holy Spirit.

19th November 2006 (Night Prayer)

My children

I want you to listen in earnest to the words I have to give you this night. I want you to never give into despair when you have difficulties and struggles in your daily lives. Learn how to trust even when you are not sure what tomorrow may bring. I need you to spend more time in quietness and prayer so that your Lord and God can reveal to you His plan for you. Trust in Divine Providence and let God your Father show you the way through His Son Jesus. Learn more deeply that Jesus is your way, your truth and the life you need to live. Do not become distracted and distance yourself from your Heavenly family out of fear of stepping out into the unknown. Learn how to grow deeper in your trust of your Eternal Father through coming close to His Son Jesus. Spend this time which you have been given to be strengthened in your commitment to follow your Lord and Saviour. Do not be afraid to be still. It is in your stillness that you will hear the whisperings of your Lord and God. Take time to become more in tune with the inspiration given to you through the Holy Spirit. Do not be impulsive and hasty but learn the ways of the Lord which is always done in gentleness and with peace and joy in your heart. There are still many areas in your life where you want to stay distant and detached out of fear of being hurt. I want you to let go of the way you handled your life in the past and change and grow more trusting. Believe that you are loved beyond any human comparison and that your Lord and God would never abandon you or hurt you. Come back to trusting in Him and His merciful love for you. Share with Him your hurts and your concerns. Abandon yourself to the Divine Will of the Father and be nourished and strengthened by the Son. Receive the many graces He lavishes upon you through the Holy Spirit to help you to patiently wait on His plan for you. You are protected by me your loving Mother and I want you to come to me as your Mother of Perpetual Help. Ask for my help and let me lead you to the love which awaits you through the Most Sacred Heart of my Son Jesus. Trust in Him and His saving power and allow Him to work through you to further the kingdom of God.

20th November 2006 (Jesus – in front of tabernacle)

My child,

I ask you to build up the kingdom of God. I am the cornerstone of your faith. I want you to build my kingdom on strong foundations;

31st December 2006 (Night Prayer)

My children, my dear little ones, my faithful remnant,

I thank you for your faithfulness to your prayers. I thank you for persevering even when it sometimes has been difficult for you. I want to remind you the importance of your prayers. Keep in mind always when two or three are gathered My Son Jesus is in their midst. Your prayers are a powerful weapon against the rule of Satan. Stay steadfast in your commitment to your prayers and you will receive many graces to help you in your difficult moments. Do not be concerned what others think. Where possible let your quietness and prayers be done in private so that your precious moments are spent alone with your Lord and God. There is work to do but your work for the Heavenly Father should never be done unless you take the time first in quietness and prayer. I want to emphasize tonight to you on the eve of a New Year the importance of prayer being part of your every day. Learn how to live with your Lord and God in the present moment. Learn the lessons from my Son Jesus who spent much time alone in prayer with His Father in Heaven. To imitate Christ Jesus you must learn more deeply His ways. Learn to spend time in quietness and contemplation. Learn the wisdom of God through your time spent in prayer. Receive the many gifts of the Father through the time spent in prayer with His Son by the graces given to you through the Holy Spirit. Receive the peace of Christ Jesus through the stillness of your prayer time. Spend time in front of the Holy Tabernacle with your Lord and Saviour. Spend time in prayer before you step out and the missionary work of God's love. It is important to receive the infilling of the Holy Spirit to strengthen you in this important work you have been asked to undertake. Learn true humility of heart through your prayers. Let the Father guide you ever deeper in your relationship with Him through the time you spend with His Son. Read Matthew 11:27 – ...no one knows the Father except through the Son. Learn how to rest close to God your Father through the Sacred Heart of my Son Jesus and through my Immaculate Heart. Make a commitment this night to stay close to our United Hearts. Consecrate your loved ones to our United Hearts and let Me your Mother and my Son Jesus protect and help each and every one to open their hearts to the abundant love which awaits all of God's children by the Father through the Son in the Holy Spirit of love.

1st January 2007 (Night Prayer)

My children

Listen to me and take heed of the warnings I give to you. Many dismiss the signs which abound throughout the world as coincidence and do not realize the significance of all that is happening is a warning for them to turn back to God and change the selfish way they lead their

reign once more in your heart and in the hearts of those who you reach out to in love, mercy and compassion. Do not be afraid to make the changes needed to purify your heart. Come close to me and my Immaculate Heart and let me guide you to your Heavenly goal – the love of your Father through Jesus His Son by the grace of the Holy Spirit.

30th December 2006 (Night Prayer)

My children,

Listen intently to all I have to say to you. Do not become so distracted with worldly matters that you forget about that which is most important – your spiritual journey. Your Heavenly Father wants to reveal His plan to you. It is important that you spend time in prayer for the inspiration of the Holy Spirit to come down upon you. If you make your life so busy with distractions it is difficult for you to hear the whisperings of the Father through the Son by the grace of the Holy Spirit. Open your eyes more to your Lord and God and less to the world. He speaks to you in many different ways through the written word from the Holy Scriptures and other Christian writings, through the spoken word of others who are inspired to speak the words you need to hear. Be more intuitive to the ways of God. His way is subtle and gentle allowing you to always make decisions in your life. Include your Heavenly family more into the decisions you make. Let your goal always point towards your spiritual journey. Your Heavenly Father is loving and generous and will give to you more than you need. It is important that you trust Him in every part of your life. Do not be like the wind always changing direction and blowing hot and cold but stay steadfast and trusting even in you feel uncertain as to the future and God's plan for you. When you rely totally on God you understand more fully that everything which happens has a purpose. You must learn to pray more fervently with an open heart ready at all times to do the Father's Will with a humble and contrite heart. I ask you to be forgiving of the transgressions of others. Do not hold onto grudges against those who have hurt or offended you. Forgive others and understand that your Father also forgives you for the many times you have offended Him. Ask for forgiveness for your offences in confession and receive the grace which awaits you through this Sacrament. You are given many graces through the Sacraments. Make use of them so that you can live your life in Christ to the full. Let me lead you to these graces so that you become more trusting and childlike in your faith. Be prepared as soon you will be asked to step out in faith to do the missionary work of God's love.

Read Ephesians 1: 3-14

foundations of prayer and self sacrifice. Be patient and learn my ways. Build slowly brick by brick. The cement you need to hold the bricks together is prayer. Give to me many prayers and acts of love. Do not be afraid to become little in the eyes of your Lord and God. Come to me with a child-like trust and let us be united as one. Let go of your fears and trust instead my little one. Nothing is too difficult when we are united as one. Be steadfast in your faith, cling onto hope and reach out always with my love to the many that will be put in your path. Take this time you have been given to prepare for the way ahead. It is most important that you are disciplined in your prayer time. I am with you as you journey into the unknown. Do not be afraid. All will be revealed to you when the time is right. Trust Me and let Me be your guide and your help. Do not fear this journey you take. Step out with blind faith and let Me lead you. I am your Good Shepherd and I laid down My life for My sheep. Will you give Me your life? Are you prepared to build up My kingdom. Learn the lessons of endurance. Be content to take each step moment by moment. Live with your Lord and God one moment at a time. Let Me give to you the keys to the kingdom of God. Say yes to Me and let us journey into the unknown together as one.

20th November 2006 (Night Prayer)

My child

I ask you to be strengthened to love honour and serve your Lord and God by your patience and perseverance on those difficult days. I am with you. Come to me often and ask for my help. Do not stay distant and alone in your difficulties but include me into every part of your life. Let me be your guide and your help. There is so much work to be done. Let go of any areas of self and embrace true humility of heart. All that is done for your Lord and God must be done with no thought of personal gain but only for the glory of God. There are many times throughout your life when you have wanted to be given praise for work you have done. I ask you to let go of any need for recognition and glory and allow the honour and praise to always be given to your Lord and God. Learn how to be selfless and giving and know that you will be used as an instrument of peace and love. Stay close to me and let me show you the ways of the Lord. Pray daily to be given the graces needed to deepen your faith through my Spouse the Holy Spirit. Use the gift of wisdom to help you to discern every situation so you know when to speak and when to remain silent. Do not rush ahead but always spend time in prayer before making any decisions in your life. Put the love of God first and receive the many graces you need to live this life anew. Let the love of your Heavenly Father through Jesus His Son flood your soul so that you are able to step out

boldly in faith with a heart full of trust and love to be a servant of love to all. Do not be afraid to serve others. Do not serve others to gain reward but be a true imitation of your Lord and Saviour Christ Jesus. Be humble and giving and by your Christ-like love know that you will influence many to turn away from sin and come back onto the narrow path. I ask you to step out in faith and change the way you lead your life and be instrumental to many who need to understand more fully that God their Father is a loving God who wants that which is best for all of His children. Help them to understand the merciful love of the Father given through the love of Jesus His Son and help them to accept the graces and gifts He longs to give them through the Holy Spirit.

21st November, 2006 - midday

My children,

I ask you to listen to me and the messages I give to help you. Do not be blind to the truth. Stay close to me and let me guide you to my Son, Jesus. You become so distracted and distant when you follow the ways of the world. I want you to realize that your material attachments are temporary and before you know it will be gone. Your spiritual life however lasts for eternity. Choose wisely my little ones. Satan the deceiver is very clever at distracting you and making you believe how important it is to have all these material possessions. Put your life in right order. Let the love of your Lord and God always be first. Turn away from the lures of the world. God your Father will give to you all you need. Pray and ask for the help. Be always patient and persevering in your prayers. Let go of any controls you hold onto and let God's guiding hand come down upon you through the trust you hold onto deep within, remembering always that His plan for you is full of hope not despair. I ask you to never waver in your trust of the Father through Jesus His Son. Cling onto hope. Never give in to despair. Ask for the help you need and know that you will receive the graces needed. You are never alone. Come close to me and let me give you my love and protection. I am your Heavenly Mother and I love and care for you. Come close to My Immaculate Heart. Let me turn your sorrows into joys. Let me take you to the peace and joy of your Lord and Saviour. He is your Prince of Peace. Come back onto the narrow path and let the light and love of Christ Jesus flood your soul. Humble your heart and receive His merciful love. Come to Him and share with Him your burdens and let Him give you the nourishment you need to begin your life anew. He is with you as you walk this journey of life. Trust in Him and His love for you and for all.

given the gifts of the Holy Spirit so that you can step out boldly and proclaim the Word of God through your loving actions and on occasion through talking to those who are confused and lost. Never speak down to others as if you are an authority on these matters but speak with true humility of spirit. Let the inspiration of the Holy Spirit guide and help you in this redemptive work of mankind. I will walk with you as you journey out into the unknown to do the Will of God. I am your Mother of Grace. Allow me to fill you with the grace you need for you to step out and fearlessly proclaim God's Holy Word through your thoughts, words and actions. I am with you in all you do to further the Kingdom of God. Go now with the peace and joy of my Son Jesus in your hearts in readiness for the task you have been asked to do. Read Jeremiah 31 31-34.

29th December 2006 (Night Prayer)

My children

Listen. Pay careful attention to all that I tell you. The time is fast approaching when you will be called upon to step out boldly to do the work of your Heavenly Father through Jesus His Son. You will need to have your own house in order first. You will be judged more harshly than others because of the work you will be asked to do. Examine well your life and change any areas in need of spiritual renewal. Do not hold onto arrogance and pride but embrace true humility of heart. Put all in your life in right order. Be honest and upright in all you do. When you agree to be a disciple of Divine love you take on the role of representing your Lord and Saviour Christ Jesus. Are you worthy at this moment to be the light of Christ to others? I ask you to pray and contemplate the Will of God in your life. Be prepared to strip back areas of old patterns of behaviour and embrace the new life that God your Father wants you to lead. Live your life with purity of mind and heart. Let all your intentions be selfless and giving. Do not seek praise and glory for yourself but humbly allow the glory to go to your Heavenly Father. Be His instrument of peace and love in all you do and with all you meet. Learn more the virtues needed to follow this path to life eternal. Pray each day for guidance from the Blessed Trinity. Do not be impatient and rush ahead. Be prepared to wait and remain background. I ask you to take time in stillness and prayer. Allow the inspiration of the Holy Spirit to come down upon you. Read Scriptures and gain greater understanding and knowledge through these Holy Words given to help you on your spiritual journey. Open your heart to God and allow His Son Christ Jesus to enter in. Let Him reign as Prince of Peace in your heart so that you can be His instrument of peace and love. I ask you again strip back the areas of self and learn humility of heart so that your Lord and Saviour may

alone. Be prepared to help one another. Reach out in love when you see that one of your brothers or sisters in Christ is carrying a heavy load. Lighten the load of others by the Christ-like love and caring you show. There are people who need your help. I ask you to open your eyes to those around you who need to know that others care. When two or more carry a load together it doesn't seem so heavy than those who try to carry the heavy load alone.

The Bride of Christ must change and learn once more how to be a community of Christ's love reaching out and putting the welfare of others first. The world has become very self-centred and people are afraid to reach out in love to their neighbour. I remind you the need for you to change the way you lead your life. Learn to be the true body of Christ using your gifts to help build the body up and further God's Kingdom. I ask you again build the house of God brick by brick. My Son Jesus in your cornerstone. Come close to Him and receive the merciful love He longs to give you so that you so that you can pass this love to the many who are put in your path. I am your Mother of Divine Love and I will help you to come close to the love which awaits you all.

28th December 2006 (Night Prayer)

My children,

The blood of the new covenant was shed for the redemption of mankind. Every time you join in the celebration of the Holy Eucharist you are united with the blood of the new covenant. I ask you to go the next step in this journey of faith. Unite your trials and sufferings to that of my Son Jesus for the atonement of sins and salvation of souls. Do not be afraid to suffer for the sins of others. I remind you to turn your weaknesses into strengths to help in the redemptive work that God your Father through Jesus His Son has asked you to undertake. To be a missionary servant of God's love does take courage and strength. Do not fear this journey you take. I remind you that the road to life eternal is narrow and steep with difficulties along the way. Many choose the easy path as they do not want to experience any difficulties but want the journey of life to have all highs and no lows. They search for fulfilment by material wealth and possessions and their journeys are focused on self. To be a disciple of Divine love means to be selfless and giving. It means that you will be called upon to put the needs of others first. You will be required to be always tolerant and giving with a gentle and compassionate heart. You will need to be discerning in every situation you face; praying always for the Heavenly help needed to make right choices. You will be asked to speak truth with clarity of mind when called upon. This is why it is most important for you to spend time each day reading Scripture and praying to be

21st November 2006 (Night Prayer)

My little one,

I want you to know that I see your pain and I feel the despair you have experienced. I am your Heavenly Mother and I love and care for you more deeply that you realize. I grieve when you grieve. I feel joy when you are joy filled. I ask you to understand more deeply how much you are cared for. Do not walk this journey alone but come close to me your Mother and let me guide you to the merciful love of my Son Jesus. Stay close to Him and rest peacefully near His Sacred Heart. Let go of the many burdens you have carried for so long. Receive the love offered to you tonight by your Heavenly Father through Jesus His Son. Let this love fill your heart. Trust in Jesus and know that He will never abandon you. Just as Peter stepped out of the boat and trusted that Jesus would help Him, I want you to step out of the chains which have kept you bound to the past. Break these bonds which block you coming close to your Lord and Saviour. I want you to really believe that even if you do have days of doubt and darkness that Jesus has His hand outstretched to pick you up and help you back onto the lighted path. Jesus is your bright shining light. Allow Him to light the way. Let Him lead you on the path of salvation. Do not be afraid to step out with faith and hope and receive the love He longs to give you. Allow God your Father to mould and shape you into a beautiful trusting child of God. He sends you many graces and blessings in your daily life. Give grateful thanks for all you have been given. Use your gifts and talents to further the kingdom of God. Share with others the gift you have. Let others know the love of God by the way you lead your life. Let the love of Christ Jesus shine brightly in your life and let his peace and joy flow out by the loving Christ-like actions you show to all who are put in your path. Let go of the hurts and burdens you have and be refreshed this night to live your life anew. Be filled with the graces of the Holy Spirit which are given to you by your loving Father through the ultimate love of His Son who died and rose again for you and for all so that you would have life eternal.

22nd November 2006 (Midday prayer)

My children

I have asked you many times to pray to be given the strength you need to withstand the trials. You have been asked to put on your armour of faith. You allow the deceptions of satan to enter in when you are undisciplined in your prayers. The path is narrow, steep and treacherous. Beware of the traps that are placed in your way to deceive you and blind you to the truth. The tongue is a dangerous tool when used in a destructive way. Pray for wisdom at the beginning of

each day to help you make right choices. Do not be fooled into thinking that the fleeting pleasures of the world will sustain you. Put your life into right order. Be disciplined in your prayer time and receive the graces from this time you spend in stillness and prayer. Do not be so arrogant and prideful and full of selfish desires. Strip back these areas which block the way. You have been asked to be selfless and giving. If you are so full of selfish motives and want to pick and choose who to reach out to you are not doing what has been asked of you. Let go of always wanting to be heard and be content to stay background until you are asked to step forward. The way which leads to life eternal is done by following the path of Christ Jesus. Humble your heart and let Jesus lead you on the path you need to take. He is your Good Shepherd and He wants to lead you on the path of salvation. Do not be like the sheep that follows others on the path which leads to nowhere. Be courageous in your faith and pray for the strength to follow the way of your Lord and Saviour. Stay close to Him and let Him shepherd you. Be still and listen to the sacred words given through the Scriptures. Spend time with Jesus to receive the nourishment you need. When you rush ahead without any prayer or time to be discerning you do not hear the words of your Lord and God. Change your ways. Do not continually believe that the messages are for everyone else. Take more time on your own spiritual journey and less time trying to fix others problems. Pray for others and let God be always the Divine healer. Listen to my Motherly wisdom which is given to help you change the way you lead your life. Stay close to me and let us walk the path of salvation together.

22nd November 2006 (Night Prayer)

My children,

The temptation to stray from the narrow path is strong and persistent for many at this time. Be courageous to fight against the many sins committed throughout the world. Do not be blind to your errors. Pray for the spiritual blindness to life so that you can correct the areas where you have strayed. I ask you once more to make the changes needed before it is too late. Do not put off any longer the many areas in your life which need to change and grow. I want you to learn more how to have true humility of heart. Let go of all selfishness and greed. Be happy to let others go first. Do not always want to have the spotlight focused on you. Study Scripture well. The first will be last and the last will be first. So many times you push yourself forward. Let go of the desire to be praised and humbly remain background. Pray through my Spouse the Holy Spirit to lead a virtuous life. Be joyful in the service of your Lord and God. Remember that all you do must never be for personal recognition and glory but always for the

life and in turn you will affect the lives of many others. I ask you to have courage to step out and be a disciple of Divine love. It is not an easy role and you will need to be tolerant and forgiving. There will be those who mock and hurt you through their words given out of ignorance. Do not let this affect the way you lead your life. Turn away from any words spoken out of malice and come close to my Son Jesus. Unite your suffering and pain with Him. He is with you in all you do to further God's Kingdom. Confide in Him and receive His merciful love. I ask you again to forgive those who offend you. You will need to put on your armour of faith to strengthen you for any trials you face. Be fearless in defending your faith. Do not be full of fear when you see the Bride of Christ crumbling. Have courage to persevere and to remain faithful. Many have lost faith and trust in God and in His House through distractions which have taken them off the path. The lesson that God's people need to learn is that God the Father is a loving God who gave His Son as a sacrifice for the redemption of mankind. The new covenant was established between God and His people so that you would have a new life – gifts given freely through the grace of the Holy Spirit; gifts for you to live this life full of love of God and neighbour. God wants you to have abundant life and to use the many gifts you have to further His Kingdom. I ask you to obey the Will of your Heavenly Father and the commandments He has given to you. Change your life and let peace once more reign in the hearts of all of God's people. Let the peace and love of my Son Jesus flood your soul. Allow Him to reign forever in your hearts as Prince of Peace. I am Queen of Peace. Bring to me your concerns and let me intercede and take you to this peace which awaits all who open their hearts to receive the love of Christ Jesus deep within.

27th December 2006 (Night Prayer)

My children

Listen to me. There is much work to do. I ask you to stay focused on your Heavenly goal especially in the weeks to come. Do not be drawn away by distractions. Spend time daily in quietness and prayer. Make time in your day to commune with your Lord and God. Let Him show you the way through the Holy Word of God. Contemplate each day on this Word and listen to the wisdom imparted to you from God through the Holy Scriptures. You will need to spend time in stillness to be filled with the knowledge needed for you to step out and be a missionary servant of God's love. Gain knowledge of the truth in your own life before you reach out and help others. Pray for wisdom and understanding to help you understand more fully the Word of God. Ask for God's help and you will receive it. Take time to rest and be strengthened. Do not try and struggle on with your burdens and trials

25th December 2006 (Night Prayer)

My dear little one

I ask you to turn away from conflict and disagreements. Receive the peace of Jesus deep within to strengthen you in your trying times. You will be called upon to be an instrument of peace and love. It is important that you discern areas of your life where you feel unsettled and have feelings of discomfort. Let the issues which keep on re-occurring in your own life be brought to the surface and resolved. I ask you again to break the chains of the past; chains which may have been happening for generations in your family. Recognize areas which cause you to feel anger. Bring these feeling to Christ Jesus in your prayers and ask for the healing of hurts which block your way. It is difficult to trust God and His plan if you have issues of mistrust from those who are close to you. This cycle of mistrust must be healed for you to be able to move on more fully in the spiritual which God has planned for you. Pray for the healing of the many hurts which abound in families today; misunderstandings which have become wedges which drive families apart. Let the love of the Father through Jesus His Son be re-established in the families around the world. Let the peace of Christ Jesus reign in the hearts of many. Let my faithful remnant step out boldly, change the way they lead their lives and be instruments of peace and love through the world. I ask you to have courage, my little one to change any patterns in your life which keep you chained to past behaviour. Let any anger you have in your heart be healed and turned instead into peace and love. Righteous anger will occur when there is injustice and abuse. Pray to be able to channel your anger in the correct way so that you break the chains of the past and in turn you can help others who suffer with the same problems because you will understand more fully the pain they feel. Reach out and be a disciple of God's love and help the many who suffer so much with conflict and pain. Bring them back to the truth in their lives. Show them the bountiful love of the Father through the merciful love of the Son by the graces given through the Holy Spirit. Step out and be an instrument of peace and love to all.

26th December 2006 (Night Prayer)

My children

Listen to the instructions I give to you and follow them carefully. The time is fast approaching when you will be called upon to act on specific information given to you. Be alert. Open your hearts and hear the words I give to you. Do not remain closed and only take in what you want. Learn from these messages how to change the way you lead your lives. The world has become ignorant and blinded to the way that they lead their lives. I beg you to make the changes needed in your

praise and glory of your Heavenly Father. My children when will you listen to me and make the changes needed. Do not be like the foolish bridesmaids with no oil in their lamps. You do not know the hour when your Lord and God will call. Be prepared. Ask for the help you need. I am here to give you the guidance you require. Ask for help and believe that your prayers will be answered. Be patient and persist in your prayers even when you have days of darkness and feelings of despair. Let go of any selfish desires you cling to and learn more deeply the ways of the Lord. Pray for strength to stay on the lighted path which leads to your Heavenly Inheritance. Do not take the easy road which leads to perdition. Choose wisely. Choose the narrow path which leads you to life eternal. Choose the path which leads you to the Divine love of your Heavenly Father given through the Divine mercy of His Son and receive the merciful love by the grace of the Holy Spirit. I am Mother of Divine love and I will lead you to this love which awaits all of God's hurting children. Do not put off anymore this journey of Divine love.

23rd November 2006 (Night Prayer)

My children,

I remind you again spend time in prayer to be given the strength needed to persevere on the difficult days. Do not be drawn away from your prayers by the little distractions of the world. Remember that when two or more are gathered in prayer Jesus is in their midst. Stay strong and committed and let go of your pride and serve your Lord and God with true who humility of heart. Be centred in your prayers and let Jesus fill you with His peace and joy. I know that you find it difficult to trust in God when you are unsure of His plan. I remind you that His plan is always one of hope and never of despair. You are called to be child-like in your faith with an open and trusting heart. Turn away from any childish behaviour where you want to be given everything and you react in a negative way when the situation doesn't go how you want. You are asked to be obedient to the Will of your Heavenly Father. This missionary work of God's love you do is never about selfish needs but always about serving others with a humble giving heart. I remind you again to study the path the saints took and learn the ways to know, love and serve your Lord and God with all your heart, with all your mind, with all your soul and with all your strength. Let go of all controls you have over your life and let God your Father enter in through the love shown by His Son Christ Jesus. Do not always worry about what tomorrow holds. Learn to live in the present moment with your Lord and God and rely more on the love He wants to give you. The mysteries of the Kingdom of God will be revealed to you when the time is right. Be patient and learn to trust more in God's plan for you

and for all. I am your Mother of Grace and I will give you the graces you need. Come close my little one and be filled with these graces and blessings given by your Father through His Son in the Holy Spirit.

24th November 2006 (Night Prayer)

My little one,

Be still and know that your Lord and Saviour is close by. Go to your quiet place and spend time in stillness and prayer to be given nourishment and to be strengthened for the trials which beset you. Do not try and do this journey alone. Abandon yourself completely to the Will of your Heavenly Father and allow Him to give to you the guidance you need. Stay close to Christ Jesus through reading the Scriptures. Learn more about His life and the lessons of how to live your life He taught through the many parables. These messages apply also to you and the life you lead. Be obedient to the commandments of God. Learn to put the love of God first and to reach out in love to your neighbour. There are many lessons to be learned through studying the Holy Word. Spend time each day and read this Divine Word. Be prepared to listen to the Word and change the way you live. There are many challenges ahead so put on your armour of faith. Pray always for the protection you need. Be steeped in the virtues given by the Holy Spirit through continually growing deeper in your service of your Lord and God. I remind you to never give up. Persevere even though you sometimes feel disillusioned with all the trials you face. I ask you to trust more fully even in the most difficult circumstances. Pray for the help you need and then be patient. The most important advice you must listen to is to remain steadfast in your faith. You will gain strength when you stay fervent and trusting. I am your Mother of the Immaculate Conception. Let me draw you under the protection of my Holy Mantle. Stay close to me by your many prayers. Your prayers are powerful and help greatly in the salvation of souls. Stay strong and committed in your prayers and together let us defeat the rule of satan. You live in trying times. Do not give up hope. Be persistent in your prayers. I am with you always. I will be your protection and your guide. Let me guide you to the merciful love which awaits you by your Father through His Son and received in the grace of the Holy Spirit.

25th November 2006 (Night Prayer)

My child,

I want you to be persistent in your prayers. You give into despair so quickly when you think your prayers are not answered. All prayers

great. Do not choose the wide and easy path – this does not lead you to the light of Christ Jesus. Let the light of Christ burn brightly in your heart and be a beacon of love and light to many who are put in your path. I am your Mother of Grace and I am with you in all your difficulties. Let me place you under the protection of my holy mantle. I beg you this night turn away from sin and destruction and be filled with the light of Christ Jesus.

23rd December 2006 (Night Prayer)

My children

I thank you for using your weakness as a strength in the salvation of souls. All acts of self sacrifice and love do help. I ask you again to be a bright shining light of Christ Jesus to all you meet. There are many in the world that is spiritually so poor. The missionary work you have been asked to undertake is for these people who are lost in darkness and despair. It is important that the light of Christ radiates from you by your Christ-like love to all. Step out and take up the challenge given to you to be a disciple of Divine love. Christmas is an important time of the year when you come together as families and friends to celebrate the Christmas season. I ask you this year to make sure that your celebrations are focused where they belong. Have courage to stand up and make Christ Jesus the central part of your celebrations. The gifts and trimmings are not the main part of the celebration. The main reason is that God the Father loved the world so much that He gave His only begotten Son Jesus who was born in a stable in Bethlehem. Put the love of the infant child Christ Jesus back into your Christmas celebrations. Let this Divine love given freely by your Father through the birth of the Son flow out to all. Let your festivities be done in balance and harmony. Let go of the hurts you may hold against others and reach out in peace and joy and reveal to all the love God has for you through the Christ-like love you show. Do not take your festivities to the extreme but be happy to go back to a simple celebration of enjoying the company of loved ones and friends on this joyous day. Take time to remember that many in the world suffer from poverty and neglect. Appreciate the bountiful life you lead and be generous and sharing of all you have with those less fortunate. Be filled with the peace and love of Christ Jesus this night and go out and bring others to this truth that Jesus is the way, the truth and the light by the Christ-like actions you show. Let me give to you the graces to be a shining light to many. Let me lead you to my Son who is your Lord and Saviour, your Prince of Peace.

suckles at his Mother's breast trusts that he will receive the nourishment he needs. Come close to Me your Lord and Saviour and rest close to my Most Sacred Heart. Trust in Me more fully and let Me give to you the nourishment needed for you to live your life to the full. Be child-like and trusting in your faith with the firm conviction that you are loved beyond compare by your Heavenly Father through Me His Son. Receive this gift of love through the grace of the Holy Spirit. Grow deeper in your knowledge of the new covenant given by the Father for the salvation of all. This covenant of love and trust was given to you so you could live your life to the full with trust in God's plan for you by the graces of the Holy Spirit. I ask you again to let go of the burdens which keep you distant and live with Me your Lord and God in the present moment. Walk this journey of life one step at a time with faith in your heart, clinging always to the hope of your Eternal Father and filled with His Divine love through Me the Son by the grace of the Holy Spirit. Reach out to many this festive season and show to all My peace and joy through the love you give freely to all.

22nd December 2006 (Night Prayer)

My dear little children

I thank you for your faithfulness in the service of your Lord and God. Your commitment to prayer will help many to come back onto the narrow path. I ask you to keep persevering with your prayers. Come to me with your prayers and little acts of love offered with humility of heart. I want you to try hard this year when you meet with loved ones to be an instrument of peace and love to all. Be filled with the peace and joy you celebrate through the birth of Lord Jesus into your hearts. I ask you to be a role model to your family and loved ones of Christ-like peace and love. Do not let anger and aggression cause conflict and pain. I ask you again to still the waters of discontent within your families. Resolve problems which occur through miscommunication or misunderstandings in a peaceful manner. Turn away from old patterns of anger and fear and embrace the new life given to you through the gifts of the Holy Spirit. I ask you to pray more when conflict occurs. Speak less and listen more to those who are hurting. Be compassionate and caring. Ask your Heavenly Family for the help you need to be always an instrument of peace and love. Do not be afraid to strip back layers of old behaviour. Be ready to change and grow more trusting in the Divine Will of your Heavenly Father. Let go of the need for material attachments. Put your life in right order. Your Father will give to you all you need. Your material possessions are not lasting and before you know it will pass away. Your eternal life however is for eternity. My child, I ask you to choose more wisely. Choose the path which leads you to life eternal. It is narrow and steep but the reward is

given with a humble heart are answered in God's time. Let go of wanting all to be done your way and allow God your Father to guide you through the love of His Son Christ Jesus. He is your King of Kings, your Lord of Lords. He died so that you would have a new life. I ask you to embrace this new life. Spend more time in quietness and prayer and let the inspiration of the Holy Spirit work through you. Be more disciplined in the time you give to your Lord and God. To be a disciple of Jesus and to do His work requires discipline in many parts of your life. It is necessary to strip back any areas of pride and be prepared to be humble of heart and to give without expecting return. Do not have hidden agendas with all you do. Learn how to be selfless and giving. You will receive many graces so do not be afraid to step out in faith and trust in the plan God has for you. I ask you to let go of any controls you hold onto and allow your Heavenly Father to use you in a powerful way. Do not be so concerned with what others think but instead focus on the Divine Will of your Father. You will change many hearts by the way you change your life. Spend time with your Lord and Saviour to enable Him to fill you with His peace and joy and then step out and be an instrument of peace and love to many who are so desperately in need. I ask you again to be a warrior of your faith. Be brave enough to fight against the injustices which abound in the world today. Protect the right of life whether it be the unborn who have no choice or the many other ways where the respect of the value of life has been lost. Give to me many prayers to help fight against this battle of evil against good. Do not be afraid to be courageous in your faith. I am your protection and your guide. Look to me for the help you need and know that I will lead you to the Divine love which awaits all of God's children given by the Father through the merciful love of His son and received in the many graces and gifts of the Holy Spirit.

26th November 2006 (Night Prayer)

My children,

I implore you once more to be steadfast in your service of your Lord and God. Be careful as you live in trying times. Pray always prayers of protection. Do not allow satan to gain a foothold in your door through his liars and deception. I warn you to be awake and vigilant at all times. Do not be casual and unconcerned as the evil one will use any situation he can to cause animosity and dissension between those who are close to you. His ways are subtle and may at the beginning seem harmless and nothing to be concerned with. I remind you stay awake and keep watch. Stay close to me by your prayers and I will give you the protection you need. It is important that you use the gift of wisdom in your daily life. Pray to make wise decisions in all you do. Ask for help to be more discerning in any situation you face. Listen to

the gentle whisper of the Holy Spirit and act wisely in all you do. There is so much work to accomplish and so few who are willing to take on the responsibility of reaching out in Christ-like love to others. To be a missionary servant of God's love does have difficulties. Do not run away from the challenge when you face obstacles. Pray for more courage and strength to be given to you to persevere regardless of the trials. It is important that you learn the ways of your Lord. He spoke the truth with conviction. He did not follow the crowd because their opinions were different to his. Learn to be true imitations of your Lord and Saviour. Be sincere and be always steeped with integrity and have respect for all you meet. Do not judge them harshly if they are different to you. Learn to meet them where they are on their spiritual journey. Do not be drawn into gossip or partake in activities you know to be wrong. Turn away from those who want to lead you far from the path. Be courageous in your defence of your faith. Pray always for guidance to help you determine when you must speak out and when to remain silent. Listen and look at the many ways you are given the help required. Do not be blind to the truth. Acknowledge with a humble heart when you have erred in your judgement or have made a mistake ask for forgiveness and then learn to let go of the problem and come back to the path you have been asked to take. I am with you as you journey into the unknown. Do not be afraid to step out in blind faith.

27th November 2006 (Midday prayer)

My little one,

It is important that you maintain balance in your life. To do the missionary work of God's love you will need to have stamina and endurance. By having balance in your body, mind and soul you are more able to persevere through the difficult moments. Set boundaries and work within those boundaries. Learn to be disciplined and focused on the work you have been asked to do. Make time for yourself and your loved ones. All you do for God is to be done in balance. When you reach out in love to your loved ones you are a perfect example of what God has asked of you. Be selfless and giving and reach out always with a humble heart to those who God has asked you to love. Do not worry if the work you want to do for God changes. Understand more deeply that all work done for the love of God is used in the salvation of souls. Let go of the controls and let God guide you. Pray and be always at peace knowing that you are placed in the area where God needs you to be. Trust more and let the guiding hand of your loving Father come down upon you through the merciful love of the son. Listen to the stirrings of the Holy Spirit from deep within. Pray always for guidance and help and then be still and let God's plan be revealed to you in all its glory. Learn this path of

21st December 2006 (Night Prayer)

My child,

You will need to be more disciplined and fervent in your faith to withstand the trials you face. Pray for courage and strength to continue serving God with a fervent heart. You become disillusioned so quickly when the way ahead is not clear and defined for you. I remind you again to pray for the inspiration of the Holy Spirit to help you discern every situation you encounter. It is most important that you spend time alone in quietness and prayer. Give to your Lord and God quality of prayer time. Do not spend time worrying so much about the journey that others take but concentrate on your own spiritual journey. Offer prayers and self sacrifice for others but it is also important that you spend time listening to God's plan for you. He reveals His plan to you in many ways. By reading Scripture and spending time in front of the tabernacle you will learn many lessons to allow you to grow deeper in your spiritual journey. You are given free will to make your own choices. By praying and allowing the graces of the Holy Spirit to come down upon you, you will learn to choose more wisely. You will be more patient in your prayers and you will be able to persevere in the difficult moments. I ask you to pray more fervently. Be passionate in your prayers in the same way as you become passionate with a project you enjoy doing. Use your passionate spirit in a positive way to further the Kingdom of God. Do not allow the darkness of satan and your negative thoughts to dampen your enthusiasm and your drive to serve your Lord and God. Embrace the changes which happen in your life's journey and grow spiritually so that you let go of the way you have thought in the past and learn that nothing is too difficult in the eyes of your Lord and God. Trust and really believe that the plan God has for you is full of hope. He has given you many gifts to use to further His kingdom. Do not be so worried about what others think. Let go and let God fill you with His graces and blessings. He is a loving, caring Father who wants you to come close and trust in His Divine Will through the merciful love given to you by His Son. Allow Him to give you the graces you need to step soul in the unknown with a heart fervent and steadfast in faith.

22nd December 2006 (Morning Prayer – Jesus)

My little one,

Do not be afraid to suffer inconveniences in your life for your loved ones. Come close to Me this Christmas season and bring and place before Me at My crib all your difficulties and trials. My Mother Mary and her beloved husband Joseph suffered many difficulties and trials on the way to Bethlehem but they trusted in the love of the Heavenly Father. I want you to trust in the same way as a small baby who

peace to be restored among God's people. Join with my faithful remnant throughout the world and be messengers of peace and love to all.

20th December 2006 (Night Prayer)

My little one,

Never fear the path of humility and selflessness. I want you to know that you choose the better path when you choose to be humble and giving. Let go of the need to be in control and allow your Heavenly Father to guide and help you. Trust in Divine providence. Read Matthew 6 24-34 and understand how much your Father loves you and wants to look after all your needs. God your Father is a generous Father and wants you to have life in abundance. Ask and you will receive. Ask with a humble and selfless heart with no hidden agendas. Do not try and bargain for God's love but understand that He wants to shower you with His love through the gift of the birth of His Son Jesus. He became man to fulfill the promise of the new covenant. Jesus died and rose again for the redemption of all sins and so that all mankind would have life anew – a new covenant between God and His people. I ask you to receive these gifts given freely to you and for all. Do not stay distant from the love which awaits you. God never moves away; mankind becomes distant because of the circumstances of their lives. I ask you this night to come close to your Heavenly Father through the Divine love of the Son. Open your hearts and accept this love and let Christ's love flow out to many. There are days I know when you feel alone and bewildered with God's plan for you. I ask you again to learn to step out in blind faith and trust completely in His Divine plan for you. Pray to be given the grace needed to persevere and to remain patient until His plan is revealed to you. Do not hold onto any arrogance and pride but embrace humility of heart. You will be given the help you need. Pray and ask for all your needs and understand that God your Father hears all prayers offered with a humble heart and answers them. Do not become confused between your needs and your wants. Let go of any worldly attachments which keep you distant and distracted from the path you need to take. There is much work for you to do. Be patient my little one and live in the present moment with your Lord and God. God's timing is perfect. Do not let your mind rush ahead but learn to find peace and joy in staying close to your Lord and Saviour in the every day moments. Be still and allow Him to fill you with His love. I am your Mother of Divine love. I will guide and help you to the Divine love of your Heavenly Father through Jesus His Son by the grace of the Holy Spirit.

littleness and child-like trust and be prepared to be background until the time is right. You are not alone so be courageous as you step out into the unknown, knowing that your Lord and Saviour Christ Jesus is by your side. Offer your little crosses you bear in the redemptive work of mankind. Be not afraid. Trust with the same trust I had at the Annunciation. Pray for help through the intercession of the angels and saints. Come close to me my little one and let me guide and help you. I want you to trust and know that the mysteries of the Kingdom of God will be revealed to you in due season. Be patient and wait on the word of your Lord and God. You are loved beyond compare. Pass this love on to those around you.

27th November 2006 (Night Prayer)

My little one,

You are so full of fear and insecurities of stepping out into the unknown. When will you begin to understand that God has a plan for you full of hope and not despair? When will you begin to trust even though as yet you do not see the results you had hoped for? Let go of wanting all to be done your way and in your time. God's love for you is infinite and beyond compare. You throw tantrums when He does not do what you have asked for. Be patient and understand that all that happens is not by chance it is for a purpose. You put so much pressure on yourself to achieve goals you set. Make use of the time you have been given to strengthen your prayer life. The time will come soon when you will need to have the courage and strength in the work you will be asked to do. Let go of the need to always be in control and allow God to lead you through Christ Jesus His Son. I remind you again you are not alone even though there are many times when you feel abandoned and so alone. Be at peace and in the stillness of your heart feel the inspiration of the Holy Spirit which is given to you by your Heavenly Father through Jesus His Son. Use this inspiration to discern where it is that you need to be. It will be revealed to you when the time is right. Do not rush ahead of God's plan and then feel disappointed when it doesn't work out how you want. Receive the merciful love of your Lord and Saviour and learn the lessons of perseverance. Strip back the layers of self which block the way. Be surrendered to the Will of your Heavenly Father, believe in the saving power of His Son and accept the graces of the Holy Spirit to sustain you when you experience darkness. Receive the light of Christ to burn brightly deep within and be ready to be a bright burning beacon to many who will be put in your path. Do not be afraid to take this journey of littleness. I walk beside you to guide and help you. Trust my little one, you are never alone.

28th November 2006 (Night Prayer – home)

My children

Persevere through the storms of life and understand that through your perseverance you will gain strength and courage. Bring to mind the Scripture reading where Jesus calmed the storm on the lake. The Apostles lacked so much in faith. I want you to step out in your faith and trust more deeply. No matter how difficult your life may seem trust that Jesus will also calm your waters of discontent and conflict. Receive the peace of Christ in your heart and learn that anger and fighting do not resolve anything. Be prepared to come to peaceful resolutions in your conflicts. Remain calm and ask to be filled with gentleness and humility. Pray more when you have problems which seem difficult to resolve. Do not be hasty and speak in anger. Be still and pray for the inspiration you need to resolve all conflicts in a calm practical way. When you rage with anger you do not think clearly. Step away from the conflict and have some time out so that you can ask for Heavenly help to have the courage and strength to follow the way of your Lord and God. Jesus was gentle and humble of heart. He spoke truth with authority. He was not afraid to stand up and speak strongly to those who were not doing the Father's will. They were filled with arrogance and pride and had selfish agendas which came from greedy desires. I ask you again do not be caught up in the world of greed and selfishness. Let go of the worldly attachments which keep you so distracted and take you far from the narrow path. Change your ways. Put the love of God first and reach out with love to your neighbour and know that your Heavenly Father is generous and loving and will give to you all you need. Do not be so full of earthly wants and desires but instead concentrate on your spiritual needs. I am your Mother of Grace and I will help you grow deeper in your spiritual life. Turn away from the sins of anger, greed, selfishness, pride and the many other sins which keep you trapped in the darkness. Come back into the light by accepting Jesus as your Lord and Saviour. Let His light and love flood your soul so you will grow stronger. Be ready to accept the crown of righteousness by growing deeper in your love of the Father through Jesus His Son in the graces and virtues of the Holy Spirit.

29th November 2006 (Night Prayer)

My cherished one,

I see your suffering and your pain and I want you to know that you are not alone. I walk with you on this journey you take. I am your caring Mother and I care for you more than you know. I hear your prayers. Do not give up with your prayers. Persist and know that the Father hears and answers all prayers offered with a humble heart. Be always

areas of your life which are dead and will never produce fruit. When the areas of imperfection are stripped back you will experience new growth. Do not be afraid to change and grow and allow God to use your imperfections to help others on their path of salvation. Go now with peace and joy of Christ Jesus and spread His Divine love to all.

19th December 2006 (Morning Prayer – Jesus)

My child,

I ask you to trust in my purpose for you in all you do even though you are unsure of the reason. Be humble of heart and know that God's plan will be revealed to you in due time. Never doubt the love I have for you. Step out into the unknown with the knowledge that I am with you always. I will never abandon you in your hour of need. Trust in Me and My love for you.

19th December 2006 (Night Prayer)

My children

Put on your armour of faith. Pray for protection against the many sins committed throughout the world. I ask you to pray more to help you stay on the path of salvation. It is easy to become distracted and caught up in the ways of the world. Be more disciplined in your prayers. Do not always make excuses. If you are having difficulty in finding time to pray I remind you to ask for Heavenly help. There are many moments in your day when you can spend some time in quietness and prayer. Make use of every opportunity. Open your eyes up to your Lord and Saviour. He waits to spend time with you. Come close to Him and share your difficulties and struggles. Let the peace of Christ Jesus fill your soul so that you can stay strong in your faith regardless of the turmoil and problems which surround you. I ask you again be prepared. The time fast approaches when you will celebrate the birth of my Son Jesus. Pray that the hearts of many who attend services throughout the world will have a conversion of heart and accept Jesus as their Prince of Peace in their hearts. I ask you to pray for peace to reign in the hearts of all of God's people. Pray that they receive the Divine love offered to them and in turn pass it on as they spend time with loved ones and friends. I ask you this Christmas to overlook the faults of those who you have difficulty with. Be tolerant and loving and show to them the love of Christ Jesus by your example. Let your actions speak louder than your words. Reach out and be an instrument of peace and joy to all. There is much work to do to further the Kingdom of God. Will you be a missionary servant of God's love? Bring many back to the knowledge of the truth by the Christ-like love you show. Do not be afraid of rejection. Reach out and then allow your Heavenly Father to do the rest. Pray with a fervent heart for

Father gives you gifts to use but they can also be taken away. Do not waste these precious gifts given to you. Use them always for the praise and glory of God. Let the peace and joy of Christ Jesus reign in your heart and flow out to all. Take some time to rest and enjoy the company of those who can help and support you in the work you have been asked to do. Remember you are told in the Scriptures "where two or more are gathered there is Jesus in your midst." Pray with your family and friends and share together in the same way as my Son Jesus shared so open and lovingly with His Disciples. Spend time with your Lord and God and let Him reveal to you some more of the mysteries of the Kingdom of God. Do not try and stay alone and self sufficient. Ask for help and know that your prayers will be heard and answered. Trust and let God your Father guide you through the love of His Son by the grace of the Holy Spirit.

18th December 2006 (Night Prayer)

My children

I ask you to be more firm in your faith and more fervent in the love of your Lord and God. You are asked to be a witness of your faith by the way you lead your life. I ask you this night are you living a righteous life and following the example of Christ Jesus in all you do? Do not make excuses for the areas where you fail to live up to your promise to love your Lord and God with all your heart, mind and soul. Humble your heart and be prepared to change your ways. The way of your Lord and God must always be done with honesty and integrity. Strip back any pride you cling to where you put yourself first through selfishness and greed. Remember you are told in Scripture that those who are last will be first and those who are first will be last. Let go of always seeking self recognition and praise. Always recognize the many graces you are given and give thanks and praise to your Heavenly Father. I remind you to be happy to stay background and spend time in contemplation and prayer so that Jesus can reveal to you the plan of the Father. Do not be looking at the role of others and God's plan for them. Each one is different and God's plan for each and every one of His children is unique and special. Concentrate on your own journey and allow your Heavenly Father to give you the graces and blessings needed for you to do His work. Understand that there are many parts of the body of Christ. Each part is different but just as important as the next. Embrace your differences and know that God has a purpose for you. Be patient and persist with your prayers even on the difficult days. Be more trusting in your Lord and Saviour and follow His way. Be determined in your endeavours to serve God by the Christ-like love you show to all. I am with you as you continue your journey of Divine love. Allow the Eternal Father to prune back the

steeped in patience and perseverance as the road you walk can sometimes be difficult. Learn the endurance you need to go the long distance. Do not be like so many in the world today who live their lives at a very fast pace and want all to happen instantly. They begrudge having to wait for anything. The world grows faster and faster and many have such difficulty to take the rest they need. The Heavenly Father rested after He completed His work and we are also told to take rest and time to be replenished. Be still and listen to your Lord and God. Let go of living your life at such a fast pace where you rush from one activity to another and have little time to enjoy God's creation around you. Do not be always agitated when you have to wait in line. Be at peace and spend these moments with Christ Jesus. Go back to a more simple life. Enjoy the simple pleasures of life. Take time to spend with loved ones and enjoy one another's company. As we approach the season of Advent I ask you to make an effort to restore peace and harmony within your family and loved ones. Be a stepping stone of peace and know that through your loving actions you will be the bridge of reconciliation between those who have animosity towards each other. Take small steps in this journey of love. Do not be disappointed if you do not seem to get anywhere. I want you to build the house of God brick by brick. Make acts of selflessness and love over the coming weeks and give to me many prayers to help in the healing of hurts within families. Look to the journey that my beloved Joseph took when we went to Bethlehem. He suffered so much rejection and hurt from those who would not provide a room for your Lord and Saviour to be born. Learn humility of heart and understand that it does not matter how much you have but rather that you stay united in love within your family and loved ones. Begin again and build strong foundations of love which will be lasting. Your Heavenly family will be with you as your journey forward. Receive the many graces and blessings to sustain you as your journey into the unknown.

1st December 2006 (Midday prayer)

My dear little ones

Do not weep tears of sadness but rather weep tears of joy for your sister in Christ who has found everlasting peace in eternal life. She no longer suffers wounds of rejection but is bathed in the love of her Heavenly Father and Jesus His Son. Be peaceful in the knowledge that you were a stepping stone in her journey of life. Do not feel a sense of failure in this role you have been asked to do to further the kingdom of God. Learn lessons from all that happens. Continue reaching out in this missionary work of God's love and meet all who come into your path where they are on their journey. Pray always for discernment in every situation you face and listen to the inspiration

given to you through the Holy Spirit and follow this instinct always with peace in your heart. Do not act if you feel a sense of discomfort but instead be patient and wait on the Lord. Listen carefully my little one and follow the way of your Lord and Saviour. Reach out always with gentleness and compassion to those who your Heavenly Father asks you to love. Understand more fully your role. It is to reach out in love and then let God your loving Father do the rest. You are not responsible for others. All that is needed is for you to show them love and compassion. Be still and let your Heavenly Father fill you this day with His merciful love given to you through Jesus His Son. Let go of the burdens you hold and be filled with this Divine love to refresh and replenish you to continue in the missionary work of God's love. I am with you this day in your sadness and I will give you the guidance you need to be strengthened with courage to persevere regardless of the tests and trials you face. Be bathed in my Motherly love and be comforted in the knowledge that all of Heaven rejoices when a soul is welcomed home.

1st December 2006 (Night Prayer)

My children,

I ask you to respect the life you have been given. I want you to know how precious you are in the eyes of your Lord and God. Look after yourself both physically and spiritually. Be in balance. Take time in rest and to enjoy life. Look to God's creation and the beauty that surrounds you. Marvel at the glory of all that was created for you to respect and enjoy. Be thankful for the many graces you receive. Your earthly life is fleeting. Do not waste this precious time given to you. Step back and take a look at how you lead your life. If God was to call you home tomorrow is there anything you would change today. Do not put off the changes you need to make. Do not have regrets for moments in your life when you could have reached out to loved ones but did not. Make good use of each moment that God your loving Father has given to you. Take every opportunity to show the love of Christ to all those you meet. Do not continually put off reaching out in love to those you have difficulty with. No one knows the time or hour when they will be called by their Heavenly Father. Do not be the person who continually says "if only". Pray for courage to step out in faith and show the love, mercy and compassion that your Lord and Saviour Christ Jesus showed. Humble your heart and take up the challenge to the more difficult path of reaching out as a missionary servant of God's love. Listen to my words and change your ways. Do not be concerned if you suffer rejection from those to whom you show Christ's love. Persevere and know that eventually you will change their hearts. Do not be easily discouraged. Stay strong and fervent in

in the work you have been asked to do. God's people are flawed and imperfect and prone to weakness. The path is narrow and there are many twists and turns and obstacles which block the path to perfection. The sins of the forefathers will be revisited upon the children. I ask my children to break the chains that keep them bound to the past. Break the bonds of sin and destruction. Turn away from your weaknesses which take you into the darkness and despair. The pleasures of the world are fleeting and will soon pass. Take the more difficult path; the path which leads to salvation – the path of perfecting you. Be tested like gold in the furnace to reveal a child of God with purity of heart, mind and soul. Do not be tricked by satan into believing that these pleasures are for you. Turn away from the sin of pride where you want your selfish desires. Be prepared to choose the more difficult path. The time is fast approaching when you will be called upon to give an account of your life. Examine well the way you have led your life and know that you will be accountable to your Heavenly Father as to the choices you have made. Pray for wisdom to choose always the way which will lead you to life eternal. Remember the wide and easy road leads to perdition. Which way will you choose? I ask you to pick up your cross and follow me. Follow my way and know that your rewards will be great in Paradise. I am the Way the Truth and the life you need to lead.

17th December 2006 (Night Prayer)

My child

Be careful. I ask you to proceed with caution. Do not rush ahead. Be wise and wait in the same way as the wise bridesmaids waited with oil in their lamps for the bridegroom to come. Do not be like the foolish bridesmaids who were not prepared. They were distracted with the pleasures of the world and were too late. I remind you again be prepared. Be prepared by prayer, by self sacrifice and acts of love and through reading Scripture and spending time with your Lord and Saviour. Do not be drawn away from Him by earthly distractions. Put your life in right order. Be ready always to do the will of God instead of always wanting your own selfish needs to come first. God your Father is all loving and all giving. You will receive all you need. Put the love of God first and be filled with the Holy Spirit of love and then step out and pass this love on to others who are searching for the truth. Turn away from sin and occasions which may lead you to sin and ask for the grace you need to stay strong in your commitment to know, love and serve your Lord and God with all your heart, mind and soul. God your Father wants you to enjoy life. He has given you many gifts and talents to use to further His kingdom. Do you make use of the talents you have been given or do you hide your talents out of fear. The

and love to all.

16th December 2006 (Night Prayer)

My children

You will be tested by your trials to purify your heart. Do not be afraid to face these trials which come upon you knowing that you will gain strength by your perseverance. My little one I am with you as you face these difficulties. I understand your pain. I experienced much pain when my Son was rejected and persecuted by those so close to Him. I ask you to trust in the same way I trusted in your Heavenly Father's plan for you. Take up these crosses of life you are asked to bear for the sins of mankind. Sin is rampant in the world today. Many justify their actions even though they know in their hearts that the way they live their lives is wrong. I ask you to continue to reach out to those in need by the Christ-like love you show. Be prepared to turn the other cheek when others mock you and call you names. Unite your suffering to my Son Jesus and know that He walks beside you to guide you. Listen to Him. Spend time with Him. Receive the Divine love He has to give to you. Do not fear rejection. Remember that you are told in Scripture the stone rejected by the builder is the cornerstone of salvation. Jesus is your cornerstone. He was rejected. He was mock and spat upon. He was scourged. He died to give you life anew. Use the precious gift given to you through His death and resurrection. Be filled with the grace of the Holy Spirit to strengthen you in the work you have been asked to do. Do not be concerned with those who judge you so harshly. Be filled with the Holy Spirit and step out with boldness and courage to proclaim the Word of God. Turn away from those who hurt you and stay close to your Heavenly family and know that you will be given the grace you need to sustain you. Have courage my little one. The evil one does not want you to make a difference and help others back to the lighted path so he will do all he can to distract you and draw you away from the path you need to take. Pray prayers of protection to help you in your difficult moments and receive this night the bountiful love of your Heavenly Father through Jesus His Son by the grace of the Holy Spirit. Be filled with the knowledge that your Lord and God is a God of love not fear. His love is endless. Receive this love in your heart and reach out to others by the Christ-like love you show to all.

17th December (afternoon prayer – Jesus)

My child,

Speak truth. For evil to be eliminated from my Church truth must be spoken. Follow the inspiration given to you through the guidance of the Holy Spirit. Listen to these instincts. They are given to help you

your love of God your Father through Jesus His Son. Make use of the graces you have been given through the gifts of the Holy Spirit to strengthen you for the challenges you face. I remind you again you are never alone. Pray and ask always for the help you need. Your prayers offered with a humble heart and heard and answered. Let go and hand all of your concerns to your Heavenly family and allow them to give you help. Do not be stubborn but embrace true humility of heart. Go home this night knowing that God's love for you is infinite and beyond compare.

2nd December 2006 (Night Prayer)

My children

It is time for you to stand up for your faith. There is no time for you to play it safe and wait to see. You must act now. Do not delay. I ask you to be bold and courageous and step out in blind faith and trust. It is by your Christ-like actions that you will change the hearts of many. Do not be afraid to step out and be the beacon of light to those who are trapped in the darkness. Take courage my little one and make the changes in your life and know by you making changes it will flow on to many who are put in your path. Spend time as often as you can with Christ Jesus. You will gain the courage and strength when you strengthen your prayer life. Many graces are given to you through Adoration of the Blessed Sacrament, through receiving Jesus in the Blessed Sacrament of the Altar and by spending time with Him in prayer in front of the tabernacle. Make use of all the gifts and graces your Eternal Father longs to give you. God your loving Father is generous and wants you to have an abundant life. Humble your heart and let go of any pride you hold. Trust in Him and His endless love for you. Let go of your need to have control of every situation and let your Heavenly Father show you His plan through His Son Christ Jesus. Follow the ways of your Lord and God and know that they will lead you to life eternal. Do not stay alone in your journey any longer. Let go and ask for the Heavenly help you need. Go back to stillness and prayer instead of always rushing to fit all in. The ways of the Lord must be done always in gentleness never in haste. When you rush ahead you do not take time to discern the will of the Father. Take time for your Lord and God. Take time to love others. Take time to be nourished yourself. Let your life be always done with balance and in perfect harmony. Take more time in prayer and receive the graces needed to live a fulfilling life centred in the love of God and love of neighbour. Be filled tonight with the love Divine of your Father through Jesus His Son and accept the graces given to you in the Holy Spirit. I am your Mother of Divine Love and I am with you always.

3rd December 2006 (Night Prayer)

Be careful my little one that you do not become distracted with the ways of the world. These draw you away from where your focus needs to be. Let your main focus always be the love of your Father through Jesus His Son. Spend time in preparation and prayer. Pray for strength to follow this way. It is difficult but all you need do is ask for help. Remember your prayers are powerful. Do not be forgetful with your prayers. Be disciplined and you will see many fruits which come from your humble obedience to spending time each day in quietness and prayer. The lures of the world are strong and very convincing and you can easily fill your day up with distractions. Look at your day and plan how you can make time for this quietness and prayer. Do not treat it as a chore but instead as a necessity to give you the graces you need to be strengthened for your journey of life. Bring all of your concerns and thoughts to your prayer time and ask for help to resolve any areas of concern. You will be given answers to your prayers. Open your heart and listen. Read Scripture and learn the many lessons through this inspired Word of God. I ask you to listen to my words I am allowed to give to you. Do not put off any longer the path you need to take. Choose wisely. The ways of the world may seem exciting and given short time pleasure but they will soon pass and you will be left in the darkness. God your Father is a loving God and a God of plenty. Put your life into His hands and let Him mould and shape you into a trusting Child of God. Spend time over the coming weeks to prepare for the birth of Christ Jesus. Use this time you have been given to become more disciplined and focused on your time spent in quietness and prayer. This is such a small part of your day. Put your life in right order. Give time to the Father through Jesus and know that the gifts and graces will be plentiful. Let me guide and help you. I am your Mother of Grace and I will send you're the graces you need to grow deeper in the love of the Father through Jesus His Son by the grace of my Spouse the Holy Spirit.

4th December 2006 (Night Prayer)

My dear little children

I ask you once more to humble your hearts. Let go of all arrogance and pride and learn true humility of heart. Do not worry about what others think about you. It does not matter. The only concern you need have is that you remain obedient to the commandments and you follow the Will of your Heavenly Father. Let go of the need to have recognition and instead learn that to become insignificant to the world will enable the Father to use you most powerfully. Be peaceful and loving and let go of the need to be in charge. When you let go of the

neglect all the other parts. Remember take time for God, take time for others and take time for self. Be disciplined in maintaining balance. Take time to pray, take time to work and take time to rest. Do not be afraid to set boundaries to help you stay balanced. All you do to further the Kingdom of God should be done with a gentle heart reaching out always to others with the love given to you by your Heavenly Father through Jesus His Son by the grace of the Holy Spirit. Come to me my little one and let me show you the Way.

15th December (Afternoon prayer)

My little one,

I am with you today. I am with you every day. I am with you always. Stay close to me and I will give you guidance. Do not be afraid to suffer my little one. You will be given the grace to help you. Carry your cross with dignity and pride with the knowledge that you help in the conversion of hearts and the salvation of souls. Ask for my grace to sustain you. I will give you the help you need. There is much work for you to do my precious one and I want you to accept the trials as part of the journey. Come to Jesus your Divine King, your Lord and Saviour with a pure heart. Let all your intentions be pure in motive never wanting the focus and attention upon yourself but humbly allowing the full glory to go to your Lord and God. Take time in the coming weeks to rest and be replenished as the coming year will be busy in the work your Heavenly Father has asked you to do. You will need to be healthy in body, mind and soul to have the strength to endure any difficulties and trials. Let your faith always be a simple one. Trust in the plan of your Heavenly Father even though you are not fully aware of His purpose and plan for you. Be strengthened by the Sacraments to sustain you and give you the nourishment you need. I want you to understand more fully that you are never alone. You just need to call out to your Heavenly family for help and really believe that help will be given. No request is ignored or considered too insignificant or small. Bring all before Jesus in your prayers and let Him give to you the nourishment you need. Follow His Way in all you do to further the kingdom of God. Speak truth if that is what is required of you. Do not speak with an arrogant tone but instead with Christ Jesus' peace in your heart. Be gentle and giving to all. Do not be angry and selfish in your needs but embrace the servant's heart. Serve others always with Christ's love as your motive; in your difficult moments pray through the Holy Spirit for the grace of perseverance and strength. The graces are there for you to use to help you in every part of your life. Use these precious gifts given to you by your Father to help you in the work He has asked you to do to further His kingdom. Step out with Christ' love in your heart and be an instrument of peace

your faith. Be prepared to serve your Lord and God with a humble heart. Let go of the need to control every situation. Let the guiding hand of your Heavenly Father show you the way. Learn to have stillness of heart so that you can be united as one with Jesus and His Most Sacred Heart. Trust in Him and do not worry about the way ahead. When you learn to trust completely His plan is revealed to you. I want you on this special feast to give many prayers for my intentions. Pray and give to me many little acts of love for those contemplating abortion. Pray for Mother to understand the special role they have been given by their Heavenly Father. Pray that the world will change the way they live their lives and will learn to respect and value all lives which the Father has created. Pray for the many that are blinded to the truth. I ask you this night pray, pray, pray for the world to change before it is too late. Your prayers do help. Join my faithful remnant throughout the world, my prayer army and give to me many prayers and acts of love.

13th December 2006 (Night Prayer)

My dear little one,

All I ask of you is that you be fervent and steadfast in your faith. Let me as your Mother of Grace lead you on this path of salvation. Share with me all of your life. Trust in my Motherly love. I am with you always. Listen to my Motherly advice I give to you. Let me show you the way which leads to life eternal. I am the Seat of Wisdom. Come to me as trusting as a small child seated on your Mother's lap. Let me give to you many graces to help you live your life anew. Be courageous and trust no matter how bleak the way ahead seems. Come to me often by your prayers and I will guide you. I am your guiding star. Let me point you to my Son Jesus. Follow the way of the cross. Do not fear the crosses of life. Pray for strength to endure the trials and difficulties you experience in your everyday life. Let your focus always be on the abundant love the Heavenly Father has for you through the Divine Mercy of His Son. Receive the grace to sustain you in your difficult moments through the Holy Spirit. The path to salvation is steep and narrow. When you put the love of your Lord and God first and reach out in turn and pass this love on you stay on the narrow path. Share your difficult moments with your Heavenly family. Your prayers are always heard when they are offered with a humble heart. Ask and you will receive. Grow deeper in your spiritual life and learn more fully the ways of the Lord; study well each day the Scripture. Spend time alone in contemplation. Do not make your day so full of work that you forget to make time for quietness and prayer. Remember that your Heavenly Father asks you to maintain balance in all you do. Do not get so caught up in one part of your work that you

controls God's plan can be revealed to you. Listen to the inspiration you will receive through the guidance of the Holy Spirit to know the path you need to take to help further the Kingdom of God. This requires you to spend time alone in quietness and prayer. When your life is filled with noise and distractions it is difficult for you to concentrate on God's plan for you. Learn to patiently wait on the word of your Lord and God. Follow this path which will lead you to life eternal. Learn the ways of the Apostles and put into practice these lessons given to you through Scripture and through my messages. I ask you again to be bold and courageous and fervent in your faith. You will have protection so learn to trust more fully. God's plan for you will be revealed a little at a time. Do not become impatient because you want all to happen quickly. Learn to wait and live moment by moment with your Lord and God. It is important that you make your own decisions in your life. Pray always for guidance and help and then be decisive in what you choose. A disciple of Divine love must step out and make decisions. There will be times when you make an error of judgment. Do not continually worry and fret about it. Admit your error and move on. You will not have peace in your heart if you are always recounting in your mind the errors you have made. Make use of the Sacrament of Reconciliation to help you in the forgiveness you seek. Receive the graces given to you through this Sacrament and then begin again to live a life centred in the love of your Father through Jesus His Son and receive the many gifts and graces offered to you by the Holy Spirit.

5th December 2006 (Night Prayer)

My little one,

Be obedient always to the Will of God and know that by taking this path you will inherit the Kingdom of God. To enable your Eternal Father to use you powerfully you must obey always the words given to you by your Lord and God. Recognize more the inspiration you experience through the grace of the Holy Spirit. Do not rush ahead but discern first the Will of God. I ask you to totally surrender your will to your Heavenly Father even when you are not sure what the future holds. Trust more fully. You will never be abandoned. My child, I ask you again to be more disciplined in your prayer time. Do not be afraid to spend time alone in quietness and prayer. There is much that you need to learn. It is important that you take time each day to be filled with the graces you need to be a Disciple of Holy Love. Do not be afraid of the responsibilities which go with this work. There will be people put in your path for you to nurture and guide. I ask you to spend time in preparation before you step out to do this important work to bring many back onto the narrow path. You are asked to meet

every person as an individual. No two people are the same. Do not judge the way they lead their lives but instead be the light of Christ by your love, mercy and compassion. Learn to listen to the needs of those who are desperate and hurting. Allow them to share with you their fears and burdens. Pray always to be given the inspiration to speak not by your own thoughts but through the grace of the Holy Spirit. The work is plentiful. Do not delay in the preparation you have been asked to do. It is most important that any areas of self are stripped back to reveal a vulnerable trusting child of God ready to be His instrument of peace and love. Make the changes in your life and know that this will have a lasting effect on many others. Do not be afraid to step out into the unknown. You are never alone. Take this journey one day at a time with your Lord and God and let Him reveal to you the many mysteries of the Kingdom of God. I am your Mother of Grace and I will support and guide you as you step out into the unknown.

6th December 2006 (Night Prayer)

My little one,

I thank you for your acts of self sacrifice and love you have shown to your Lord and Saviour. I want you to be aware that you are loved and chosen for the redemptive work of mankind. It is important that you let go of any pride you may have and be totally committed to love, honour and serve God with a humble and contrite heart, acknowledging that there are times when you are impatient and rush ahead of God's plan for you. I ask you to listen carefully to the many different ways that your Lord and God speaks to you. Do not be narrow minded and overlook the many times He tries to communicate His message to you. Open your eyes and your heart and see the immense love He has for you. It is necessary that you go through the purification of any self motivation and you learn how to follow your Good Shepherd. Be patient and prepared to persist even when you do not understand fully God's plan. Let the inspiration given through the Holy Spirit guide and help you in this missionary work of God's love. Do not be afraid to humbly take on menial tasks. Offer all work you do as an act of love to help your brothers and sisters in Christ. Be prepared to listen more to those in need and pray always for God your Father's help in every situation. I ask you to be ready for the time is close at hand when you will be called to step out in faith and minister through your Christ-like love to God's hurting people. You must pray daily protection prayers and I ask you to put on your armour for the battle between good and evil. Take up your shield of faith and gird yourself well with the loin cloth of salvation. Are you ready to carry your cross for the salvation of souls? Be brave and bold and step out in faith to serve your Lord

and self sacrifice for the work you will be asked to do. The world is in turmoil and conflicts abound in every country. I ask you to learn to be an instrument of peace and love. Reach out and calm the storms which happen around you. Encourage others to change the way they lead their lives. Turn away from anger and conflict. Find peaceful solutions for all of your problems. Offer acts of self sacrifice and love for those in your families who are distant and full of hurts and anger. The birth of my Son Jesus should be a time of rejoicing, a time of celebration. For many in the world it is a time when the wounds of their past haunt them because of unresolved conflict in many families. I ask you to be patient and loving with those who are difficult to love. I ask you to begin again to build the strong foundations of love with those who are in conflict. Take small steps. Do not worry if you do not seem to make any progress. Be patient and persevering. Reach out to those in your community who have no one to share the festive season with. Be tolerant with one another. Spend time together and bring back the true meaning of Christmas. Let the light of Christ Jesus burn brightly in your hearts. Show the love of the infant child to all who are put in your path. I will be with you as you step out in faith and show the love of my Son to the many so desperately in need.

12th December 2006 (Night Prayer – Feast of Our Lady of Guadalupe)

My children

I thank you for your faithfulness in travelling to my beloved shrine. I send many graces and blessings from your Eternal Father to you this night. I ask you to study well the lessons needed for you to take home with you. I ask you to step out in faith and reach out with Christ-like love to the many that will be put in your path. I ask that you do the missionary work of God's love always with gentleness and with a peaceful heart. Discern and pray about every situation before you act. Do not make decisions for this missionary work in haste. Take time in prayer first. Do not be afraid to step out into the unknown and minister to those in need. Pray to be given guidance if you are unsure of God's plan for you. There is much work to do to further the Kingdom of God. I want you to spend time each day with your Lord and Saviour. Bring before him those areas of concern. I want you to always ask for His help and truly believe that you will receive. Pray that the areas of your life are revealed to you that need to change so that you continue to grow deeper in your love of the Eternal Father through Jesus His Son and receive the graces given to you through the Holy Spirit. Do not be afraid to strip back any layers of self to reveal an inner beauty. Let your true vulnerability be revealed to your Lord and God. Embrace the changes needed to enable you to grow more trusting and childlike in

given in the Scriptures. Listen to the inspiration you will receive through the grace of the Holy Spirit. Allow me, your Mother of Grace to give you the guidance you require to change and grow more child-like and trusting of your Lord and God. Draw close to His Most Sacred Heart and take rest there in the shelter He has for you. There is much to achieve and only a small amount of time. Do not waste a moment of this precious time you have been given. I ask you to take time in the stillness of your heart and examine how you lead your life. Are you still attached to material wants and desires? Let go of these attachments which block your path. To be a missionary servant of God's love requires you to let go of any pride and arrogance and to be completely humble and giving. Remember Jesus your Divine Redeemer told the Apostles that He came to serve and not to be served. He came to give His life as a ransom for all. I put the challenge before you to come and follow more deeply the way of your Lord. He is the only Way. He is your truth and He is the life you must lead. Are you prepared to reach out and love and serve all with a servant's heart or do you want to choose only those who are easy to love? Will you accept this challenge given to be a missionary servant of God's love serving with Christ-like love to all who God your Father puts in your path? To take on this work takes courage and strength. I ask you this night to be bold and courageous and follow this path which leads you to salvation. Trust in God and His plan for you. Do not rush ahead of His plan but stay back and wait on His word to you. I will give you the graces needed so come to me with a humble heart. Be obedient to the Divine Will of the Father. Accept the merciful love of the son and be filled with the graces through the Holy Spirit to step out boldly in faith and be a missionary servant of Divine love.

11th December 2006 (Night Prayer)

My dear little one,

I am with you wherever you are. When you spend time with family and loved ones and when you spend time in prayer I am with you. In every part of your day I watch over you and wait to guide and help you. Come close my little one and confide in me in every way. Ask for my help and let me lead you to the Divine love which awaits you. Do not be concerned when you face challenges in your day. You are never alone. I care for you with a Motherly concern. I want to share with you my Motherly wisdom. Listen to me and the message I have for you. I ask you to not rush ahead but always be calm and still and let the guiding hand of your Heavenly Father come upon you through the love of the son. Receive the grace which awaits you. The time is soon upon you when you will understand more fully the importance of all the messages I give to you. You will need to be steeped in prayer

and God with a servant's heart, full of love, mercy and compassion. Become small and grow tall in the eyes of God your loving Father. I am with you and I want you to know that I will protect you under my holy mantle. Consecrate yourself to my Immaculate Conception and let me take you on the path which leads you to your Heavenly Inheritance.

7th December 2006 (Night Prayer)

My children

Give praise and grateful thanks for the many blessings God your loving Father has bestowed upon you this day. Do not take anything for granted but know that all is given to you by the love of your Heavenly Father. Learn to trust more fully in Divine Providence. The Father wants you to have an abundant life. He wants you to use the many gifts He has given you to further the Kingdom of God. Recognize these gifts and make use of them in the missionary work of God's love. Be humble and prepared to work through personal issues so that you become more reliant on God and less on your own devices. Do not be afraid to change and grow. Relax and come close to my Son Jesus and take rest near to His Most Sacred Heart. I ask you to remain patient and persevering. Do not want to change the world in a day but remember it is by small steps that you will build strong foundations. I ask you to step out this night and help to build the kingdom of God. Spend time in prayer and learn to become more aware of the inspiration given to you through the Holy Spirit. You will be sent people to help you in the work you have been asked to undertake. I ask you to base your mission purely through prayer. Do not step out unless you have prayed first for the Heavenly help you need. Be humble and give of yourself in a selfless manner remembering that your Heavenly Father is a bountiful God who wants to fill you with Divine love through the ultimate love given by His Son Jesus in His death and resurrection. You have been showered with many gifts and graces. Use these gifts wisely always for the praise and glory of God. Let go of all pride and be prepared to take on any challenge which comes your way. I ask you to be filled with courage and strength to do this missionary work of God's love. Be passionate and filled always with the love of your Lord and Saviour and pass it on to the many whom you will be asked to outreach to. Use any of your own life experiences to help you understand more fully the hurts that others carry. Step out this night in faith and begin to live your life anew through the love of your Father by Jesus His Son in the gifts and graces of the Holy Spirit. Do not rush ahead. Be still my little one and be filled with this love which awaits all of God's children.

8th December 2006 (Apparition Night)

My children

I ask you to listen to the words I am allowed to give to you. Time is of the essence. Do not delay any longer. Change the way you are leading your lives. Pray to your Heavenly Father for those of your loved ones and friends who need to experience a deep conversion of their hearts. Pray that they are open to accept the love that the Father has to give to them through His Son Jesus. I ask you to step out and take up the challenge to be a Disciple of Divine love. Change the way you lead your life and know that when you humble your heart and let go of your burdens you hold onto, the love of God can flood your soul through the merciful love of His Son Christ Jesus. The changes you make will be evident to others as they will notice a difference in the way you lead your life. The peace and joy will flow out to others and will be an influence on them opening their hearts and accepting their Jesus as Lord and Saviour into their lives. The work of reaching out and shepherding many back onto the narrow path is plentiful. Take this time you have been given to spend in quietness and prayer and rest close to My Son Jesus and His Most Sacred Heart. The time is coming soon when you will need to be ready to step out and be the light of Christ to those who are trapped in darkness and despair. I ask you to use this Advent Season as a time of preparation. Prepare yourself well by taking time in stillness and prayer and by receiving my Son Jesus as often as you can. Be strengthened and understand more fully that your Prince of Peace is close to you. Do not neglect to acknowledge Him and to recognize the many ways He tries to help you to live a life steeped in the gifts and graces of the Holy Spirit. Accept the Divine peace and joy He gives to you and during these Christmas celebrations spread this peace, love and joy to the many loved ones and friends you meet. Open your eyes to those who are alone and feel lost and abandoned and reach out and help them to see the light of Christ by the Christ-like love you show to all. Christmas is not about the many gifts given but instead about receiving the precious gift of the child Jesus into your heart and then passing His bountiful love onto many. I ask you to begin this journey of child-like trust this night and change the hearts of all by the changes you make in your lives this Christmas season. Reach out in love and help give the precious gift of Christ's love to those in need.

9th December 2006 (Midday prayers)

I ask you to break free from the cocoon which keeps you bound. Let the beauty from deep within shine brightly just as the beauty of the butterfly is revealed in all its glory when it has been released from its cocoon. Fly high on the wings of the light of your risen Lord and

Saviour Christ Jesus. Stay close to Him and receive the nourishment you need to live your life anew. Drink from the well of salvation. Receive the living water He longs to give you. Use all the gifts and graces of the Holy Spirit to help you grow deeper in your love of the Father through Jesus His Son. Take time given to you to rest and be replenished at this haven of peace and love. There is much work for you to do. Take courage and be prepared to take up the challenge and let God your loving Father use you as an instrument of peace and love. Do not be afraid. I am your Mother of Grace and I go with you as you journey into the unknown to spread the Word of God by the Christ-like love you show to all who are put in your path.

10th December 2006 (Afternoon prayer – Jesus)

My little one,

I ask you to use your weakness as a strength to help in the redemptive work of mankind. Will you suffer a little for me my precious little one for the salvation of sin in your family, your loved ones and for the sin committed throughout the world? Your little acts of love and self sacrifice are important and do help those who you care about. Do not be concerned about staying humble and background in this redemptive work you do. You will be given graces to sustain you. Spend time in quietness and prayer. Use each moment given to help bring many back onto the narrow path. Do not be afraid to suffer inconvenience and sometimes even humiliation. Stay silent and accept this penance to help others. Show my love to all by your humility of heart. Be always peaceful and filled with love and joy as you continue to reach out to those in need. I want you to know that I am with you always. I reside deep within. Go now with my peace and love to be a servant of Divine love to the many in desperate need. You are my beloved disciple; minister to my hurting people. Bring them back onto the narrow path by the Christ-like love you show to them. I am with you always. Pick up your cross and follow Me. Let me be your Good Shepherd. Let Me guide you on the path of salvation. Let Me lead you to life eternal.

10th December 2006 (Night Prayer)

My children,

I ask you to take time to learn the lessons you need before you return home. Do not concern yourself with the ways of the world but rather your spiritual life. Take time to be nourished and strengthened by Jesus your Divine Lord and Saviour. Spend time in front of the tabernacle in quiet contemplation. Read the lessons